

# The FLAME

Capturing vibrancy, diversity and energy of SSGC

## HAVE A SAFE, HAPPY AND WARM WINTER





BETTER BE  
**SAFE**  
THAN SORRY  
USE GAS HEATERS  
**WISELY**







**Main Stories**

05

**EOGM elects 11 new directors**

07

**Winter Safety Campaign launched**

10

**Dr. Ejaz ends an illustrious career**

11

**PMDU visit to SSGC**

13

**Breast Cancer Awareness Month**

16

**Athar Sajid Khan at Synergy Talks**

19

**Turning the disadvantaged into self-sufficient individuals**

21

**Managing Pipeline Integrity**

23

**Flame Life**

25

**Energy Snapshot**







## Message from the Managing Director

*Good leadership begets Good leaders*

Dear colleagues,

**I**n the face of adversity and impending challenge, great leadership can steer the team and organization to the height of success. What matters is the will to remain steadfast and face the coming difficulty with a calm and collected attitude. Leaders are able to become great when they are backed and supported by a great team. And I am delighted to admit that team SSGC is exactly that; great in its attitude towards challenges; new and old, and dedicated towards providing the best service to its customers.

That said, we must also admit that the company is faced with an increasing issue of Unaccounted for Gas or UFG. Through sheer hard work and commitment, our teams have continued to relentlessly fight the battle against UFG. Yet, it cannot be said that the issue has been resolved, instead it continues to grow. As more and more challenges emerge with the passage of time, the time is right to come up with creative ideas aimed at taming this ominous beast. We must hone our skills and develop them to include new and innovative ways of addressing this issue. I expect team SSGC to continue to deliver astounding results and come up with impressive methods to curtail the continuing problem of UFG.

I have always held high hopes for my team, and will continue to do so. It is because I know of their capabilities, and I expect nothing but sheer brilliance from all of them. The journey to exterminate the menace known as UFG is far from over, and I expect every employee to dedicatedly work towards its eradication.

Good luck and God bless!

All the very best,

**Mohammad Wasim**





## 'Have a safe winter'



Dear readers,

**T**he month of October was marked by the Extraordinary General Meeting of the Company's shareholders. Eleven new directors with rich professional credentials were elected for a period of three years for ensuring the company's well-being by collectively directing its affairs, whilst meeting the appropriate interests of its stakeholders.

October also marked the launch of SSGC's Winter Safety Awareness Campaign with back to back events held in Quetta. Like in the past, mass contact drive in the form of sessions with the media and ulemas proved to be major success. Soon advertising campaign in the print electronic and social media too will be implemented to stress on safe and wise use of natural gas. October is observed internationally as the Breast Cancer Awareness Month. To create awareness about the disease, SSGC's Medical Services Department organized seminars in the Head Office and Karachi Terminal that featured the city's leading doctors.

Best Regards,

Ed

## Editorial Team



- Shahbaz Islam ● Salman A. Siddiqui
- S. Imran Ahmed ● M. Jawad Ahmed

### Write to us at:

Sui Southern Gas Company Limited  
Corporate Communication Department,  
3rd floor, Medical Department Building,  
SSGC House, Block-14, Gulshan-e-Iqbal,  
Karachi-75300

**E-mail:** flame@ssgc.com.pk | **Tel:** 9902-1771-5 & 1793

**Printed by:** The Times Press (Pvt.) Ltd.

**Photographer:** Syed Niaz Uddin

**f** ssgc.official **@** ssgcofficial **g+** ssgc\_official



# Extraordinary General Meeting held to elect new directors







**A**n Extraordinary General Meeting (EOGM) of SSGC was held in Karachi to elect eleven directors of the Company for a term of three years. The Board of Directors elected at the EOGM included Dr. Shamshad Akhtar, Muhammad Raziuddin Monem, Faisal Bengali, Nida Rizwan Farid, Dr. Ahmed Mujtaba Memon, Dr. Sohail Razi Khan, Manzoor Ali Sheikh, Zuhair Siddiqui, Ayaz Dawood, Sher Afgan Khan and Capt. (R) Fazeel Asghar.

The Directors were elected in accordance with the provisions of Section 159 (1) of the Companies Act, 2017. The EOGM, held on October 28, 2019, was attended by shareholders, senior management and executives of SSGC. ●





# Winter Safety Awareness Campaign launched from Quetta







Careless use of gas-fired appliances during winters are a cause of unnecessary deaths and injuries especially in the bitterly cold regions. Every year, the Company launches 'Winter Safety Awareness Campaign' in Balochistan to create awareness about this hazard, through a blend of Below-the-Line and Above-the-Line activities. This year the Campaign was launched from Quetta on the 14 and 15th of October 2019.

SSGC's Corporate Communication Department, in conjunction with Regional Office, Quetta organized an Ulemas Conference at the Quetta Press Club as part of its Social Contact Drive to create awareness about safe and judicious use of natural gas during winters.

The Conference featured the province's clerics who as influential opinion leaders emphasized on safe use of natural gas in their speeches. The eminent clerics stressed on the customers to avoid gas theft since it was against the very tenets of Islamic beliefs and education.

The clerics appreciated SSGC's role in stemming the declining trend of the number

of deaths and injuries due to gas leakages, through its safety awareness programs.

In his speech, SSGC's SGM-Distribution Saeed Ahmed Larik said that Balochistan has seen a marked improvement in gas pressure issues this year since the province has been provided with 20 MMCFD additional gas, considering the need for this fuel during this season. He said that while gas is a blessing it can be dangerous for human lives if used callously.

In his speech, SSGC's GM (Distribution-Balochistan) Madni Arafat Siddiqui emphasized that gas theft was a main drain on SSGC's resources besides being a serious crime. He called on local clerics and other opinion makers in Balochistan to continue to discourage it in every forum. He reiterated that SSGC is a customer-centric organization that is committed towards responding swiftly to customers' complaints.

Later in the evening, the organizers held a dinner for the media fraternity of Balochistan at a local hotel. SSGC's management represented by Saeed Larik, SGM (Distribution), Madni Arafat Siddiqui, GM (Distribution-Balochistan) and Shahbaz

Islam, GM (Corporate Communications) welcomed the media persons. The media fraternity appreciated the fact that due to the winter safety drive, the number of casualties from neglectful use of gas appliances has shrunk during the last couple of years. The SSGC team thanked the media for regularly propagating SSGC's messages about precautionary measures and gas theft and leakages to the customers. A number of CSR partner organizations were presented with cheques to support their efforts monetarily. These NGOs and educational institutions included SOS Children's Village, Chamalang Balochistan Education Programme, Lasbela University of Agriculture, Water and Marine Sciences, Balochistan University of IT, Engineering and Management Sciences and Balochistan University of Engineering and Technology, Khuzdar.

The next day, the Winter Safety Campaign was formally launched from SSGC's Regional Office Quetta. The senior management, executives and staff cut the ribbon to launch the Campaign. The launch featured a roll out of twenty newly branded 1199 Emergency vehicles that carried relevant messages related to gas theft, natural gas conservation and winter safety. ■





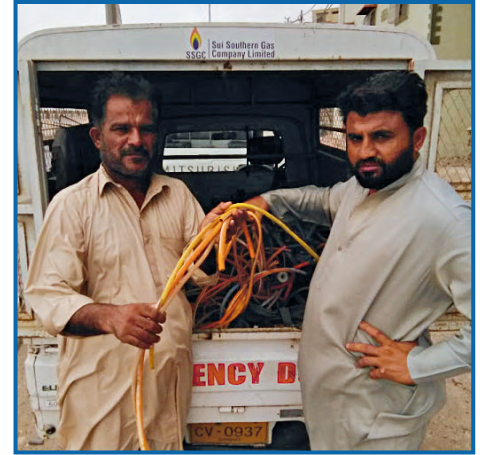
# Operations continue against gas theft, several arrested



**121,975**  
Theft cases detected

**9,800**  
Gas volume saved

**380**  
Trials in progress



**S**SGC has intensified its anti-gas theft operations in Sindh and Balochistan, as part of its Operation Grift campaign. In the latest round of raids conducted by Security Services and Counter Gas Theft Operations (SS and CGTO) and Customer Relations Departments teams, a number of registered and unregistered customers were caught involved in underground and overhead theft from main supply lines in localities in Karachi, Hyderabad, Sukkur and Larkana and Quetta.

The teams removed clamps, confiscated rubber pipes, filed cases and raised claims against theft cases.

Meanwhile, SS and CGTO has continued with aggressive prosecution to bring the culprits behind bars. In Karachi, two gas theft miscreants, Gulzar Qazi and Mohammad Tahir, were sent behind bars Gas Utility Court Quetta sentenced gas theft accused Haris Khan 5 years imprisonment and Rs. 1 lakh fine. Similarly, after hearing SSGC Prosecutor

and Defence, accused Zahid Ali who was found using gas directly from distribution pipelines for commercial purposes was arrested and remanded to Jail by Sessions Judge in Larkana.

Since 2018, SSGC has detected 121,975 theft cases that has helped to save gas volume of 9,800 MMCFD (Rs. 6,335 million in monetary terms). More than 20 individuals have so far been convicted with more than 380 trials in progress in gas utility courts. ●

## CRD carries out major raid in Karachi



**T**he Customer Relations Department's Task Force conducted a raid on direct use of gas from Security Services and Counter Gas Theft Operations and DSM West in Mangophir, Karachi. Gas worth 90.77 MMCF volume was disconnected which in monetary terms amounts to Rs. 25 million. The raid was covered by SAMAA TV in its program 'Awam ki Awaaz'. ●



## Shell Energy team meets SSGC management



Shell Energy Pakistan visited SSGC Head office to discuss the opportunity of business cooperation viz-a-viz RLNG capacity allocation in light of newly developed TPA rules. The meeting was chaired by AMD

Mohammad Wasim along with the senior management of SSGC including SGM (ES), ASGM (GS) & GM - (Legal).

In the session, different aspects of MoU, NDA and RLNG Transportation were discussed.

Haroon Rasheed, Country Head of Shell Pakistan, accompanied by his team members appreciated the higher-ups of SSGC for their cooperation and technical and legal clarity on various matters. 📍



## Dr. Ejaz ends an illustrious career at SSGC



Dr. Ejaz Ahmed, SGM (CS) recently concluded an illustrious career at SSGC. The Company's senior management held a lunch in his honour at the Committee Room of the Head Office. Mohammad Wasim, Acting MD and DMDs

Imran Farookhi and M. Amin Rajput presented gifts to the retiring executive. Dr. Ejaz's association with SSGC began in 1990 and ended this year. Top company executives including Irfan Zafar, SGM (UFG), Amir Mumtaz Khan, ASGM (GS), Afeef Ahmed, GM

(Sales), Shahryar Kazmi, GM/Incharge-CS, Zaid Syed, GM (Risk Management, Colonel (R) Shoaib Ahmed, GM (Admin. Services), Abbas Mangi, GM (Services) and Kamran Yousuf, DGM (Billing) also attended the lunch in honour of the outgoing SGM. 📍





# SSGC crackdowns on hefty defaulting government owned entities



**S**SGC launched crackdown on hefty defaulting government owned entities. In Karachi, the Company disconnected gas supplies of Abbasi Shaheed Hospital, Sindh Government Hospital North Nazimabad, Trauma Centre of Ruth Pfau Civil Hospital and other defaulting entities.

Abbasi Shaheed Hospital was continuously defaulting its current as well as past gas bills and the previous arrears had reached to significant level.

On the last disconnection by SSGC, the managements of Karachi Metropolitan Corporation and Abbasi Shaheed Hospital

submitted an undertaking in which they assured that the hospital will ensure to pay the current monthly bill along with one million rupees on monthly basis from its outstanding amount. After this undertaking the gas supply of the hospital was restored by SSGC.

In contrary to this undertaking, the hospital management did not pay the amount which they had agreed; rather they used to make payments after 3-4 months according to their own comfort to offset the current bill amount, whereas the outstanding amount kept on increasing.

According to SSGC's spokesperson, timely

disconnection notices were served to the hospital management and many official meetings were also convened in this regards but there was no serious response seen from the hospital management to settle the outstanding dues. As a last resort, the gas supply of Abbasi Shaheed Hospital had to be disconnected as the arrears had amounted to alarming level.

The outstanding amounts of Sindh Government Hospital North Nazimabad and Trauma Centre of Ruth Pfau Civil Hospital also rose to considerable levels as due to which their gas supplies were also disconnected by SSGC. ❏

## PMDU holds awareness session in SSGC



**O**n the directives of Prime Minister Office, SSGC's Coordination Cell organized an awareness session to strengthen complaint-handling process through regular training and support to focal persons. Faisal Bashir, PMDU's Focal Person described whole process of complaint handling and shared his experience with the participants. Maqsood Ahmed, Deputy Secy Corporate Affairs, PMDU along with Amir Mumtaz Khan, ASGM(GS) were also presented on the occasion. ❏



# SSGC focuses on creating a gas-wise generation



**S**SGC continued with its school-focused awareness program called Back-to-Basics through several sessions in Karachi's Shah Wilayat School. The Company's Corporate Communication Department (CCD) team informed the students about safe and wise use of natural gas especially in a scenario marked by gas demand and supply gap in the country as a result of depleted reserves.

The CCD team led by its General Manager Shahbaz Islam and comprising of Chief Manager, S. Imran Ahmed, Manager Huda Qureshi and Dy. Manager Faizan Munaf gave

comprehensive presentations to the students while sprinkling them up with interactive activities.

The Company representatives stressed on the importance of ensuring blue flame while using gas-fired appliances since it results in lesser gas consumption, reduced gas billing and cleaner utensils. The students were told that yellow or orange flames may mean incomplete combustion and if these colours on flame persist for long, they are a sure sign of gas leakages. The SSGC team informed the children about signs related to gas leakage including smell of rotten eggs, hissing

sounds and wilted plants. It was also stressed that reporting any incident of gas leakage in the neighbourhood to SSGC by dialing 1199 is one's national obligation since it is a matter of life and death besides gas wastage. The sessions also featured parents of many students. The SSGC team gave them some tips to conserve on gas while cooking that included use of pressure cookers and proper maintenance of utensils to minimize gas wastage. The administration of the schools appreciated SSGC for the sessions and requested the visiting team to collaborate with them in similar programs in the future. ●







FIGHT LIKE A *Girl*

*Breast Cancer*

**AWARENESS MONTH**



# SSGC holds breast cancer awareness session



**S**SGC has always strived to provide ultimate work experience to all its employees, and has organized multiple events for that purpose. The month of October is observed as the Breast Cancer Awareness month all over the world.

In continuation with this spirit and for the awareness of the employees, an extremely useful session was organized on Breast Cancer In October, 2019 at the Head Office Auditorium.

A representative of Shaukat Khanum Cancer Hospital Dr. Rabab Zehra, along with a renowned Oncologist, Dr. Naila Zahid from Liaquat National Hospital were invited as

speakers. Dr. Shamshad Akhtar, Chairperson SSGC was the chief guest on the occasion.

The session was well attended by the female employees of SSGC. During the seminar, many facets of the breast cancer process were discussed, along with signs a woman should look for in order to determine the existence of cancer. Early detection leads to higher chances of not only survival but also cure, it was emphasized. Additionally, important health tips were provided for all women so that this harmful disease could be avoided entirely. In addition, various information was imparted to the attendees allowing them to become aware of the steps that need to be taken in order to increase the

chances of survival. This included the spots one should look for when examining oneself, when to check for the spots, the foods to avoid, the fitness levels to be maintained along with the healthier life choices that should be made.

Breast cancer has become one of the most widespread diseases in today's world. One in every eight women is being diagnosed with this disease and the journey towards cure is not only painful but also emotionally draining. By being aware about the various sources that can lead to breast cancer, and the steps that should be taken to prevent it, women can avoid and at times stop this life threatening disease. 📌







# Seminar on Breast Cancer AWARENESS held at KT

**T**he Medical Services Department organized an informative seminar on Breast Cancer In October, 2019. Specialists and consultants from local hospitals were invited to speak on the occasion to the women executives and staff and spouses of the employees based in Karachi Terminal.





## With a smile you can't go wrong – Athar Sajid Khan gives a timely reminder

**T**eam CCD organized SynergyTalks session by renowned speaker and life coach, Mr. Athar Sajid Khan. The theme of the session, held on October 17, 2019, focused on “Enhancing Employee Performance through Happiness, Motivation and Well-being.”

The idea was to remind employees about the very basic things in life, such as being thankful, being happy, smiling everyday no matter how one feels, and just appreciating the mere fact that they are alive.

Mr. Khan stressed that in today's highly competitive world with a hectic world environment, people have forgotten the most basic yet the most important things in life. Being happy is in one's own hands, no matter what a person may be going through, if they have a positive outlook on life, things can get better.

Mr. Athar Khan stressed on the significance of smiling every day, along with feeling thankful for all the blessings one has been awarded.

In addition, he provided tips on how a person can stay happy, and how many people can change the way they think, if they simply change one aspect about themselves, i.e. the way they view the world and their surroundings.

Perception is the key, stressed the speaker. He said that once one changes his perception, and start seeing things in a positive light, life can definitely start improving and one can find new meaning in life. So, in order to be happy, one should always smile since it doesn't cost a thing, Mr. Khan mused.

Shahbaz Islam, GM (Corporate Communications) conferred the distinguished speaker with a memento. 📷





She is just 16 but a month ago when she spoke to the world leaders, they had no choice but to listen to her stinging speech. Teenage climate activist Greta Thunberg chided the world leaders for not doing enough to address the issue of climate change. Thunberg's speech was not matched by action right away from all the world leaders but it did make them sit up and take notice of the dire state of things. The moral of the story: Awareness, not intelligence is what will create a sustainable planet.

In Pakistan, we face a similar situation today. As long as there was enough supply of natural gas, we all took this clean and affordable fuel for granted. Turn off the tap and you would have an inexhaustible supply of gas. How did we arrive at a situation when the tap started drying up and the gulf in demand and supply of gas kept on widening? For that we need to have a quick glance at Pakistan's gas sector.

The country's gas downstream sector is well established with an extensive infrastructure of 160,000 km long pipeline network offering gas to a consumer base of approximately 9.5 million consumers. Since 2001, Pakistan witnessed an extraordinary growth in sales volume till 2016. This growth was a result of the commercialization of the discoveries

made in 1990s. Along with it, the expansion of the distribution network and an increase in domestic consumers drove up demand for natural gas. Growth in gas sales stagnated around 2008, primarily due to shortage of gas supply owing to depleting natural gas resources and rapid urbanization. This resulted in the creation of natural gas demand-supply gap of approximately 2 BCFD. The widening gap compelled all the stakeholders to sit take notice of the situation since the future projections too looked bleak.

Gas utility companies focus their attention on bridging the demand-supply gap by augmenting their pipeline network and rehabilitating age-old lines. The energy shortfall cannot be overcome just by the part played by Government and the gas utilities that come under its umbrella. Awareness about conserving gas needs to be created the way Greta Thunberg and thousands of young climate change protestors recently did, so that the stakeholders are motivated enough to reverse the situation. With this primary objective in mind, gas utilities including SSGC undertake natural gas conservation campaigns by targeting customers through print, electronic and social media. Since assuming power, the Government of Pakistan has shown keen interest in energy conservation as a sure-fire solution to overcome energy crisis in the country. SSGC's

efforts are reinforced by the Government directives to propagate the message of conservation to its customers through mass media campaigns.

It would have been easy for SSGC to run its conservation campaigns by simply 'instructing' the customers to conserve natural gas in a now or never scenario. That, however, would not have been a very pragmatic approach. SSGC's campaign is fundamentally an elaborate public service communication exercise.

### No-wastage Lifestyle

SSGC runs several mass media customer campaigns around the year that serves as effective public service tools. They include anti-gas theft, leakages and of course the conservation campaign itself.

Interestingly, the common thread that runs around each campaign is that of gas conservation. Why? Simply because there is lot of wastage going on that needs to be addressed. Take the phenomenon of gas theft, one of the major causes behind Unaccounted-for-Gas (UFG) for instance. Over the last several years, UFG or line losses has severely impacted the gas utility companies' profitability. **1**

## CONSERVATION IS THE NAME OF THE GAME



by Shahbaz Islam, GM-Corporate Communications



Theft alone contributes to 51% of line losses. Bolstered by Gas (Theft and Recovery) Act, SSGC undertook Operation Grift a well-organized on ground campaign a few years back, aimed at flushing out gas theft from its franchise areas. Gas saved as a result of claims raised against the miscreants help to improve UFG figures and is one of the steps taken by the Company to put a lid on wastage. Similarly, through its leakage campaigns, the Company stresses on its customers to report gas leakage at their homes as well as in their neighbourhood for controlling gas wastage and avoiding safety hazards. Operation Grift continues with some major prosecution successes propelled by advertisement campaigns that reinforce anti-gas theft messages spiced up by penalties for each type of pilferage.

**Managing Bills Better**

While alerting the customers to use gas safely wisely, SSGC’s conservation campaigns also emphasize on the message that adopting a

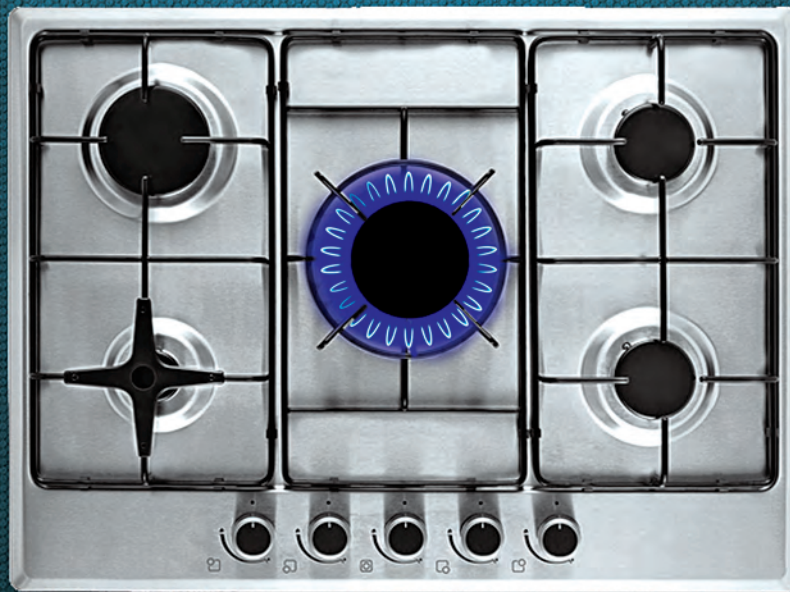
no-wastage lifestyle would also mean that their gas bills would be better managed. Useful tips such as switching off stoves when not cooking, using pressure cookers and keeping flame within the base of utensils are highlighted. Customers are also advised to use PSQCA-approved appliances and fittings and ensure periodic maintenance of the appliances. These steps ensure a win-win situation for both a gas company and the customers since by choosing to save rather than waste, the latter will have a better control over their gas bills.

As part of its mass contact drive, the Company’s Corporate Communication Department has only recently started a Back-to-Basics Program whereby its team members hold sessions in local schools for the school students to spread message related to gas conservation in our daily lives. The premise behind such sessions is not just to make the students gas-wise but to stress on them to pass on the information to their

parents. Like Greta Thunberg, students can compellingly emphasize on their adults to practice what the gas company would be focusing on its presentations.

Of late, the Company has been stressing especially in its talks with the school students in the Back to Basics sessions as well as in its social media pages, the importance of ensuring a blue flame when cooking. SSGC underlines the fact that a blue flame color means complete combustion while red or yellow flame color implies incomplete combustion, accumulated soot, serious safety hazard and wasted gas. In short, it is all about conserving, day in and day out.

Back when we were consuming gas with no fear ever of running out of it, we did not foresee a future when demand for gas will outstrip supply by miles. We can all reverse the situation if we do our bit to conserve gas. It is a tough call but a collective effort will ensure a win-win situation. ●



**BLUE IS THE NEW GREEN**

**Benefits of Blue Flame:**

- It helps conserve gas
- It ensures safety
- It ensures proper combustion






# Turning the disadvantaged into self-sufficient individuals




**S** GSC's Corporate Communication Department (CCD) recently provided monetary support to its trusted CSR partner organization Family Educational Services Foundation (FESF). The

CCD team led by GM Shahbaz Islam and CSR Unit comprising of DGM Salman A. Siddiqui, Assistant Managers Irtiza Raza and Sadaf Abbas, Executive Zubia Sadiq and MTO Aamina Khalid presented a cheque to Anita

Florijn, Director EduServe for funding the entire yearly expenses of 25 deaf students. The team also spent a quality time with the students enrolled in the Foundation. 



## Monetary support for Rehnuma Trust

**S** hahbaz Islam, GM (Corporate Communications) seen here presenting a cheque of Rs. 6,30,000 to the trustees of Rehnuma Trust for the procurement of desktop computers for the Trust's school in Sherpao Basti in Karachi. 





## All-Pakistan Senator Salahuddin Memorial Tournament SSGC beats WAPDA in a one-sided final

**S**SGC trounced WAPDA 3-0 to win All-Pakistan Senator Salahuddin Memorial Tournament held in Multan in October 2019. Captain Saddam Hussain, M. Tahir and Saadullah scored goals to give SSGC a resounding win. 📌



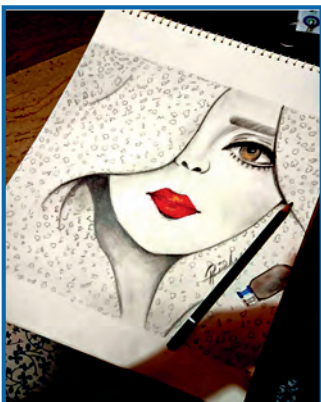
## The Beneficiary

**Q**uetta's Arif Hussain who is also a beneficiary of SSGC's scholarship program recently visited SSGC to meet the Company's CSR team. Arif Hussain availed the scholarship to complete his BBA (Finance and Marketing) from IBA Karachi. Mr. Hussain joined Al-Falah Bank as Management Trainee Officer and got promoted to the position of Assistant Portfolio Manager. Then he switched over to Engro as a Business analyst. 📌



## A budding artist

**R**imsha Liaquat, daughter of Liaquat Ali, Deputy Manager (TAS) is a budding artist. Here are some of her pieces of art: 📌





# Training held on “Managing Pipeline Integrity” for new engineers



**N**aik Muhammad Shaikh, CE (CP) conducted a course on “Managing Pipeline Integrity” for new engineers. The purpose of this course was to provide knowledge to all staff involved directly or indirectly in company for the operation and maintenance of pipelines.

Mr. Shaikh emphasized on ensuring integrity of underground and overhead structure of gas pipeline network against corrosion and to protect it through best use of resources such as coating, painting and Cathodic Protection System.

Furthermore, the demonstration was given on field equipments like Holiday detector, Pipe line locator, PSP Survey, Impressed and sacrificial system of Cathodic Protection. The trainer also emphasized that if corrosion develops then gas leakage occurs from above and underground pipelines. This makes Cathodic Protection the backbone of pipelines. Engineers are the doctors who diagnose the disease and prescribe the remedies, the trainer stressed. 📌





# PRESERVE NATURAL GAS, EVERY DAY

Don't leave the stove on when not in use.  
Ensure blue flames, as red & yellow  
flames indicate gas wastage.  
A little effort can save you more.

## Conserve natural gas now.



Remember! Always use Pakistan Standards and Quality Control Authority (PSQCA)-approved gas products and fittings.

[www.ssgc.com.pk](http://www.ssgc.com.pk)

[ssgc.official](https://www.facebook.com/ssgc.official)

[ssgc\\_official](https://www.instagram.com/ssgc_official)





## Top 5 Benefits of Yoga

Yoga is one of the simplest forms of exercise, and helps in gaining a healthy mind, spirit, and body. There are many benefits that one stands to gain through yoga. Here are top 5 benefits which can you expect from engaging in this form of exercise.

### Improves Flexibility

Yoga helps in improving the flexibility of the body as it helps you relax by bending, standing and seating yourself. This type of meditation can help not only your body but also your mind in becoming flexible.

### Develops Strength

Yoga contains some poses and postures which are designed to strengthen your body and help it become firm and trim. So if achieving fitness is your goal, then yoga is the way to go.

### Reduces Stress

When you practice yoga, it helps in making you feel calmer and more at peace. It can make your mind and body feel one with the other. Stretching exercises and controlled breathing can develop a feeling of serenity which eventually releases stress and reduces it.

### Increases Stamina

The activities in yoga help in increasing the stamina of a person, slowly and gradually. You will begin to see the positive effects when you regularly exercise and do yoga.

### Decreases Weight

While your intention may not be to lose weight, however, the exercises and poses in yoga can help in toning down the body and reduce excessive weight in areas where fat content may be higher as compared to others.



# FOR ALL THE VITAMINS LOVERS

The overview of few vitamins that can help influence your body and health.

VITAMIN

**A**



Improves vision and soft tissue.

VITAMIN

**B**



For better nerve function, healthy skin, faster metabolism.

VITAMIN

**C**



An excellent antioxidant that boosts the immune system.

VITAMIN

**D**



Helps in development of bones and teeth.

VITAMIN

**E**



Helps overall immunity, nervous system and prevents heart disease.

VITAMIN

**K**



Helps with blood clotting and protects bones from fracture.



# ENERGY SNAPSHOT



## AEDB executes 11 renewable projects

**I**n view of the vision of the GoP to increase the share of renewable energy to at least 30 percent by year 2030, the Alternative Energy Development Board (AEDB) has executed Implementation Agreements with 11 IPP wind power projects on behalf of the government.

The cumulative capacity of these wind projects is 560 MW and these projects would

provide more than 1.8 billion units of clean energy annually. An investment of approx. \$700 million (Rs108.9 billion) will be brought into Pakistan as soon as these projects achieve the financial closing next week. These projects are envisaged to come online by year 2021.

During the signing ceremony, AEDB CEO Dr Rana Abdul Jabbar appreciated the efforts

made by the private sector in bringing the clean & cheaper electricity to the consumer of Pakistan. He was of the view that the increased share of renewable energy in the overall generation-mix will not only bring down the overall basket tariff but will also help in reducing the import bills of Pakistan. Further, the huge investment coming in the field will also help in achieving the economic growth of Pakistan. ●





# Oil, gas to supply most world energy demand in 2040



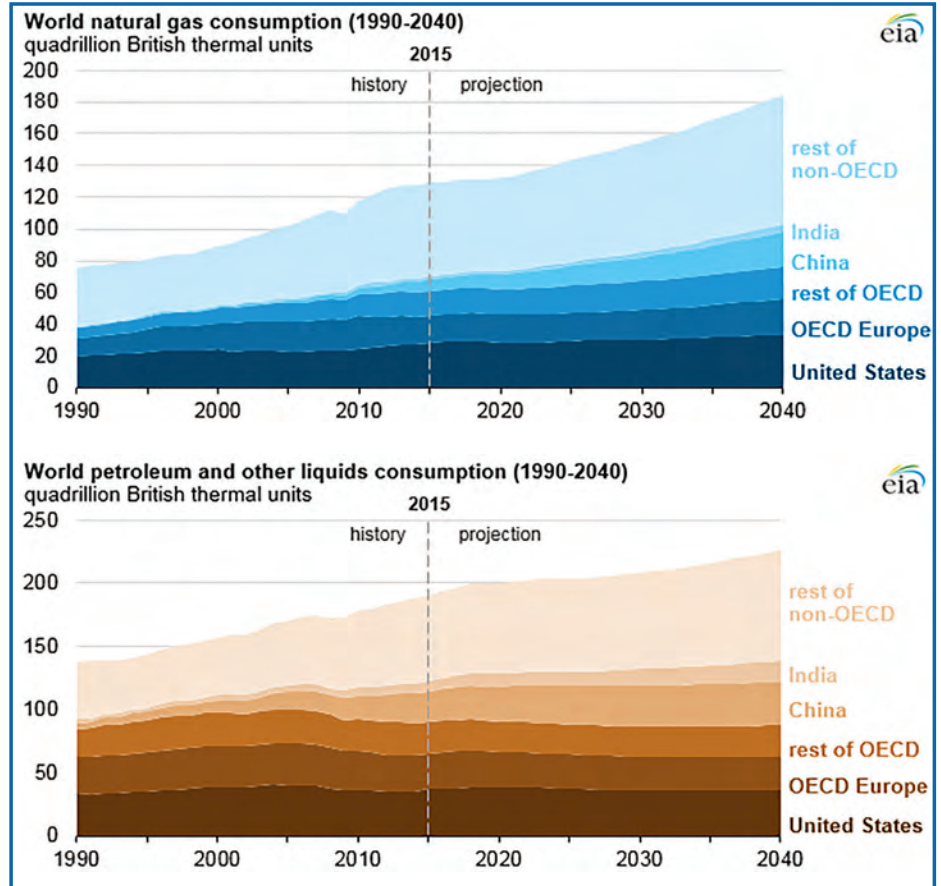
**O**il and gas will continue to play a central role in achieving sustainable economic development and reducing 'energy poverty', OPEC Secretary General Mohammad Sanusi Barkindo recently told industry leaders in Abu Dhabi.

Presenting data from the 2019 OPEC World Oil Outlook, Barkindo said the organization's analysis predicted a 25 percent increase in total primary energy demand worldwide between 2018 and 2040, with oil and gas expected to meet most of this demand. He said growth would be driven by rising demand in developing countries, where almost one billion people still lacked access to electricity and three billion had no access to clean fuels for cooking.

"All forms of energy will be required to meet this expanded demand in a sustainable way," Barkindo said during his presentation. "Renewables are contributing the largest growth in percentage terms, including significant expansion in investment in OPEC member countries, particularly here in the UAE. Natural gas has the largest growth in terms of replacing coal (for electricity generation), and oil retains its role with the largest share in the energy mix.

"In fact, oil and gas combined are still expected to make up more than 50 percent of the energy mix at 2040."

He said the proportion of demand coming from China, India and other emerging



markets would continue to grow, particularly from Asia-Pacific markets. Non-OECD demand would increase by 21.4 mb/d (million barrels per day) by 2040, compared with 2018 figures, while the OECD was expected to reduce by 9.6 mb/d. Total oil

demand was expected to reach 110.6 million barrels, with an estimated \$10.6 trillion of investment needed across the upstream, midstream and downstream sectors. ●



## اي اوجي ايمر جي پن نون ڊائريڪٽرن جي چونڊ



2019 تي منعقد ڪئي وئي، جنهن ۾ شيئر هولڊرز، سينيئر مئنيجمينٽ ۽ ايس ايس جي سي جي بين آفيسرن شرڪت ڪئي.

فريد، ڊاڪٽر احمد مجتبيٰ ميمڻ، ڊاڪٽر سهيل رضی خان، منظور علي شيخ، زوهير صديقي، اياز دائود، سيرا فنگن خان ۽ ڪيپٽن ريتا نرڊ فضل اصغر شامل آهن، انهن ڊائريڪٽرن جو قیام ڪمپنيز ايڪٽ 2017 جي سيڪشن 159 جي فقرن جي تحت عمل ۾ آندو ويو آهي اي اوجي ايمر 28 آڪٽوبر

ڪمپني جي ايڪسٽرا آرڊنري جنرل ميننگ (اي اوجي ايمر) ڪراچي ۾ منعقد ڪئي وئي ته جيئن 3 سالن جي مددي لاءِ پن نون ڊائريڪٽرن جو قیام عمل ۾ آڻي سگهجي، جيڪي نئون بورڊ آف ڊائريڪٽرز چونڊيا ويا، انهن ۾ ڊاڪٽر شمشاد اختر، محمد رضی الدين منعم، فيصل بنگالي، ندا رضوان



## ونٽر سيفتي اوپيٽنيس ڪمپين جو آغاز بلوچستان مان ڪيو ويو



اهي خطبن ۾ قدرتي گئس جي چوري جهڙي گناهاهه جي خاتمي لاءِ رڳو ڪردار ادا ڪن. انهي ڏينهن شام جو ميڊيا سان تعلق رکندڙ دوستن لاءِ هڪ تقريب جو اهتنام ڪيو ويو، جنهن ۾ صحافين جي وڏي انگ شرڪت ڪئي. ان موقعي تي سي ايس آر پارٽنرز جو هڪ وڏو تعداد موجود هو. ميڊيا برادري سڻي سدرن جي ڪاوشن کي ساراهيندي قدرتي گئس جي سبب جي ڪري ٿيندڙ موت جي شرح ۾ گهٽتائي کي اجاگر ڪيو. ٻئي ڏينهن ”سردی جي موسم حفاظتي مهمر“ جي باقاعده شروعات ريجنل آفيس ڪوئيٽا ۾ ٿي، ان موقعي تي سي آر ڊي جي گاديون روڊ شو پيش ڪيو، انهن گاديون تي مهمر سان لاڳاپيل ڪيترائي پيغام لڳل هئا.

جي چوري جو خاتمو جهڙن مقصدن جي حاصلات هئي. ان کانفرنس ۾ ڪيترن ئي ناليوارن عالمن پنهنجن خيالن جو اظهار ڪيو ۽ ڪمپني جي نمائندن کي ڪيترن ئي تجويزون ڏنيون، گڏوگڏ عالمن ڪمپني جي مئنيجمينٽ جي ان ڪاوش کي ساراهيو. ان موقعي تي سڻي سدرن جي سينيئر جنرل مئنيجر محترم سعيد احمد لاڙڪ ڇوٽو هن سال گئس پريشر جي گهٽتائي جي مسئلي کي مدنظر رکندي بلوچستان صوبي ۾ وڌيڪ 20 ملين ڪيويڪ فيٽ گئس ڏنو پيو وڃي، گڏوگڏ ان گئس جي ڪفايت شعاري سان استعمال جي اهميت کي به اجاگر ڪيو. ان کان پوءِ ڊسٽريبيوشن بلوچستان جي جنرل مئنيجر محترم هدي صديقي گئس جي وسيلن ۾ گهٽتائي، گئس چوري کي قرار ڏيندي چيو ته اها مقامي عالمن جي ذميواري ناهي ته

قدرتي گئس جو لاپرواهي سان استعمال غير ضروري موت ۽ نقصان جو سبب بڻجي ٿو، هر سال وانگر هن سال به سردی جي موسم جي شروعات تي آگاهي مهمر شروع ڪئي، ان مهمر ۾ روايتي ميڊيا پليٽ فارم جي استعمال سان گڏوگڏ غير روايتي ميڊيا پليٽ فارمز جيئن روڊ شو، سوشل ميڊيا وغيره جي استعمال سان صارفين تائين معلومات پهچائڻ جي گهڻي ڪوشش ڪئي وئي. ان باري ۾ سي سي ڊي جي سهڪار سان ريجنل آفيس ڪوئيٽا جي پريس ڪلب ۾ عالمن جي کانفرنس منعقد ڪئي وئي، ان جو مقصد عوام تائين مسجڊن ذريعي پيغام پهچائڻ يقيني بڻائڻ هو. عالم معاشري ۾ هميشه راءِ ڏيڻ وارو ڪردار ادا ڪندا رهن ٿا. ان کانفرنس سان نه رڳو سياري جي موسم جنهن ۾ قدرتي گئس جي درست استعمال، ليڪيڇ تدارڪ ۽ قدرتي گئس





## ايس ايس جي سي گئس وائس جنريشن جي فروغ لاءِ ڪوشان



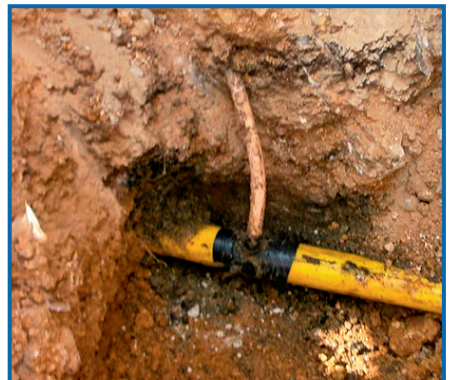
ٻارن کي اهو به سمجهايو ويو ته ڪنهن گئس ليڪيج جو پتو لڳائڻ جي صورت ۾ 1199 تي ڪال ڪري ٻڌائڻ اسان سڀني جو قومي فرض آهي. ڇاڪاڻ ته نه رڳو گئس جو ڌيان پر زندگي ۽ موت جو مسئلو آهي. ان سيشن ۾ ڪافي والدين کي به گهرايو ويو هو. انهن کي به ٽيم مشورا ڏنا، جن تي عمل ڪري هو گئس جي بچت ڪري سگهن ٿا، جيڪي پريشن ڪرڻ جو استعمال وغيره، اسڪول جي انتظاميا ان سيشن کي منعقد ڪرڻ ۾ گهڻي دلچسپي ظاهر ڪئي ۽ سي سي ڊي ٽيم کان مستقبل ۾ به اهڙن معلوماتي پروگرام منعقد ڪرڻ جي درخواست ڪئي ته جيئن اسڪول جي ٻارن کي هڪ باشعور شهري بڻائي سگهجي. ●

خاص طور تي گئس جي بحران جي باري ۾ سمجهايو. ڪارپوريت ڪمپونينڪيشن ڊپارٽمينٽ جي ٽيم جي قيادت شهباز اسلام جنرل مئنيجر ڪري رهيو هو، جنهن ۾ سيد عمران احمد، چيف مئنيجر، هڊي ڪريشي مئنيجر ۽ فيضان مناف، ڊپٽي مئنيجر شامل هئا. سي سي ڊي ٽيم پنهنجي پريزنٽيشن جي دوران ٻارن کي رنگارنگ سرگرمين جي ذريعي به آگاهي ڏني. ايس ايس جي سي جي ان نمائندگي ڪندڙ ٽيم نيري شعلي جي اهميت ٻارن کي سمجهائي ته گئس جي اوزارن لاءِ اهو چو ضروري آهي ته ان سان گئس به گهٽ خرچ ٿيندي آهي ۽ بل به گهٽ اچي ٿو. ڦڪي يا نارنگي شعلن جو مطلب آهي ته ڪٿي گئس ليڪ ٿي رهي آهي. گئس ليڪ ٿيڻ جي ٻين نشانين ۾ سڙيل بيضن جهڙي بديو، سڀي جهڙو آواز ۽ مرجھايل ٻوٽا شامل آهن. انهن

ڪجهه عرصي کان ايس ايس جي سي ٻارن ۾ قدرتي گئس جي بچت ۽ گئس چوري جي حوالي سان شعور بيدار ڪرڻ لاءِ ڪوششون ڪري رهيو آهي، ان جي ڪري اسان پنهنجي نئين نسل کان اميد رکي سگهون ٿا ته اها قدرتي گئس جي حوالي سان گئس وائس هوندي يعني اها شعور رکندي هوندي ته ڪيئن اسان قدرتي گئس جو دائرمندي سان استعمال ڪري ان کي ايندڙ وقت لاءِ به محفوظ رکي سگهون ٿا. انهن ڪوشش جي سلسلي جي هڪ ڪڙي ايس ايس جي سي جو اسڪول جي ٻارن ۾ شعور اجاگر ڪرڻ لاءِ پروگرام ”بيڪ ٽو بيسڪز“ آهي، ان پروگرام کي جاري رکندي ڪمپني جي سي سي ڊي ٽيم شاھر ولايت اسڪول ۾ ڪجهه سيشنز جي ذريعي شاگردن ۽ شاگردياتين کي قدرتي گئس جي محفوظ ۽ ڪفايت شعاري سان استعمال جي تربيت ڏني ۽ ان کي



## سي آر ڊي جو منگهو پير واري علائقي ۾ ڇاپو



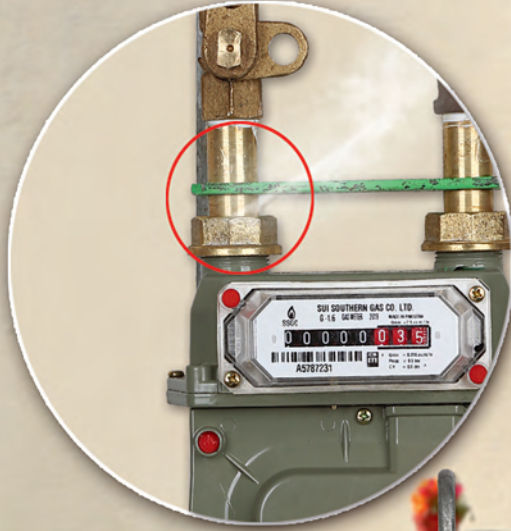
ان ڇاپي جي ڪوريج سماتي وي جي پروگرام ”عوام کي آواز“ ۾ به ڪئي وئي. ●

پير واري علائقي ۾ ڇاپو هنيو ۽ گئس چوري کي پڪڙيو. 90.77 ايم ايم سي ايف گئس چوري ڪئي پئي وئي، جنهن سان ڪمپني کي 25 ملين روپين جو نقصان پهچي رهيو هو.

ڪسٽمر رليشنز ڊپارٽمينٽ (سي آر ڊي) جي ٽاسڪ فورس سيڪيورٽي سروسز (ايس ايس) ڪائونٽر ٽيبلٽ آڀريشنز (سي ٽي جي او) ۽ ڊي ايس ايم ويسٽ سان گڏجي منگهو



# گھر کے باہر بھی گیس لیکج سے نقصان ہمارا ہے



صرف گھر کے اندر ہی گیس لیکج خطرے یا نقصان کا باعث نہیں اگر گلی محلے میں بھی کہیں گیس لیکج ہو رہی ہو تو ہوشیار ہو جائیں اور اسی وقت اپنے فون سے SSGC سے ہیلپ لائن 1199 کال کریں یا SSGC Customer Connect ایپ ڈاؤن لوڈ کر کے اطلاع دیں۔

**سمجھداری دکھائیں ... ذمہ داری نبھائیں**



## ایس ایس جی سی نے بریسٹ کینسر سے آگاہی کے سیشن کا انعقاد کیا



اقدام کرنے اور آگاہ رہنے کے بارے میں بتایا گیا۔ اس میں بتایا گیا کہ جانچ کے وقت کن چیزوں کا خیال رکھنا ہے، اسپاٹس کو کب چیک کرنا ہے، کن کھانوں سے پرہیز کرنا ہے، فٹنس لیول کی کیسے دیکھ بھال کرنی ہے مع ایک صحت مند زندگی کیسے گزارنی ہے۔

بریسٹ کینسر آج کی دنیا میں ایک تیزی سے پھیلنے والا مرض ہے۔ آٹھ میں سے ایک خاتون اس مرض میں مبتلا ہے اور صحت کی جانب جانے کا راستہ نہ صرف دردناک ہے بلکہ جذباتی طور پر بھی مشکل ہے۔ بریسٹ کینسر کے حوالے سے مختلف ذرائع سے آگاہ رہیں اور اس سے بچاؤ کے اقدام کریں۔

سی تقریب کی مہمان خصوصی تھیں۔ اس سیشن میں ایس ایس جی سی کی تمام تین ملازمین نے شرکت کی۔ سیمینار کے دوران، بریسٹ کینسر سے متعلق مختلف پہلوؤں پر بات کی گئی اور ساتھ ساتھ کینسر کی موجودگی کو جانچنے کے لئے خواتین کو اسکی نشاندہی کے بارے میں بتایا گیا۔ اس بات پر زور دیا گیا کہ بروقت تشخیص نہ صرف اس سے بچا سکتی ہے بلکہ مکمل صحت یاب بھی کر سکتی ہے۔ مزید برآں، تمام خواتین کو، ہم صحت مندر رہنے کے مشورے بھی دئے گئے تاکہ اس مہلک بیماری سے مکمل طور پر محفوظ رہا جاسکے۔ مزید برآں، شراکت داروں کو مختلف معلومات دی گئیں جس میں ان کو اس مرض سے بچنے کے لئے

ایس ایس جی سی ہمیشہ اپنے تمام ملازمین کو بہترین کام کے تجربہ کو فراہم کرنے میں خواہاں رہتی ہے۔ اور اس مقصد کے لئے وہ مختلف تقریبات کا انعقاد کرتی ہے۔ اکتوبر کا مہینہ دنیا بھر بریسٹ کینسر سے آگاہی کا مہینہ تسلیم کیا گیا۔

اس جذبے کو جاری رکھتے ہوئے اور ملازمین کی آگاہی کے لئے ہیڈ آفس آڈیٹوریم میں بریسٹ کینسر پر ایک بہت ہی کارگر سیشن کا انعقاد 2019 میں منعقد کیا گیا۔ شوکت خانم کینسر اسپتال کی نمائندہ ڈاکٹر رباب زہرہ مع لیاقت نیشنل اسپتال سے معروف آنکولوجسٹ ڈاکٹر نادیہ زاہد کو بطور مقررین دعوت دی گئی۔ ڈاکٹر شمشاد اختر چیئر مین ایس ایس جی



## سندھ اور بلوچستان میں گیس چوری کے خلاف آپریشن جاری



پرنسپل بھیج دیا گیا۔ 2018 سے اب تک گیس چوری کے 121,925 واقعات کی شناخت کی گئی ہے جس کی وجہ سے تقریباً 9800 ملین کیوبک فٹ گیس بھائی گئی ہے۔ تا حال 20 ملان کو سزا سنائی جا چکی ہے جبکہ 380 سے زائد مقدمات عدالت میں زیر بحث ہیں۔

دریں اثنا، کاؤنٹر گیس تھفٹ آپریشنز عدالت میں زیر سماعت مقدمات کی چار حادہ بیرونی کر رہا ہے۔ اسی لئے گیس پولیٹی کوئٹس نے کراچی کے دو ملان گلزار قاضی اور محمد طاہر کو جیل بھیج دیا، جبکہ کوئٹہ کے حارث خان کو پانچ سال قید اور 1 لاکھ جرمانے کی سزا سنائی۔ اسی طرح ایک اور مقدمہ میں استغاثہ اور دفاع کا موقف سننے کے بعد زاہد علی کو گرفتار کر کے رہمانڈ

سندھ اور بلوچستان میں گیس چوری کے خلاف سوئی سدرن کا آپریشن پورے زور و شور سے جاری ہے۔ پچھلے ماہ کی طرح اس بار بھی گیس کی چوری میں ملوث متعدد غیر قانونی کنکشن منقطع کئے گئے اور کئی گرفتاریاں عمل میں آئیں۔ اس آپریشن میں SSGCTO؛ پارٹنٹ اور کسٹمر ریلیشن ڈپارٹمنٹ کی ٹیموں نے حصہ لیا۔



# ایس ایس جی سی گیس وائس جزیشن کے فروغ کیلئے کوشاں



پودے شامل ہیں۔ ان بچوں کو یہ بھی سمجھایا گیا کہ گیس لیج کا پتہ لگنے کی صورت میں 1199 پر کال کر کے بتانا ہم سب کا قومی فریضہ ہے کیونکہ نہ صرف یہ گیس کا زیاں بلکہ زندگی و موت کا مسئلہ ہے۔ اس سیشن میں کافی والدین بھی مدعو تھے۔ انہیں ٹیم نے کچھ مشورے دیئے جن پر عمل کر کے وہ گیس کی بچت کر سکتے ہیں، جسے کہ پریش کرکے استعمال وغیرہ، اسکول کی انتظامیہ نے اس سیشن کے انعقاد میں کافی دلچسپی ظاہر کی اور سی ڈی ٹیم سے مستقبل میں بھی ایسے معلوماتی اور دلچسپ پروگراموں کے انعقاد کی درخواست کی تاکہ اسکول کے بچوں کو ایک باشعور شہری بنایا جاسکے۔

مجران کے بارے میں سمجھایا۔ کارپوریٹ کمیونیکیشن ڈپارٹمنٹ کی ٹیم کی قیادت شہباز اسلام، جنرل منیجر کر رہے تھے جس میں سید عمران احمد، چیف منیجر، بدی قریشی، منیجر اور فیضان منافع، ڈپٹی منیجر شامل تھے۔ سی ڈی ٹیم نے اپنی پریزینٹیشنز کے دوران بچوں کو رنگارنگ ایکٹیویٹیز کے ذریعے بھی محفوظ رکھا۔ ایس ایس جی سی کی اس نمائندہ ٹیم نے نیلے شعلے کی اہمیت بچوں کو سمجھائی کہ گیس کے آلات کے لئے یہ کیوں ضروری ہے کہ اس سے گیس بھی کم خرچ ہوتی ہے اور بل بھی کم آتا ہے۔ سیلے یا نارنجی رنگ کے تو اتر شعلوں کا مطلب ہے کہیں گیس لیک ہو رہی ہے۔ گیس لیک ہونے کی دیگر نشانیوں میں سڑے ہوئے انڈوں جیسی بدبو، سیٹی جیسی آواز اور مرجھائے ہوئے

کچھ عرصے سے ایس ایس جی سی بچوں میں قدرتی گیس کی بچت اور گیس چوری کے حوالے سے شعور بیدار کرنے کے لئے کاوشیں کر رہی ہے۔ اس وہیر سے ہم اپنی نئی نسل سے امید رکھ سکتے ہیں کہ یہ قدرتی گیس کے حوالے سے گیس وائس ہوگی یعنی یہ شعور رکھتی ہوگی کہ کیسے ہم قدرتی گیس کا دانشمندانہ استعمال کر کے اسے آنے والے وقتوں کے لئے بھی محفوظ رکھ سکتے ہیں۔ اس کاوشوں کے سلسلے کی ایک کڑی ایس ایس ایس جی سی اسکولوں کے بچوں میں شعور اجاگر کرنے کے لئے پروگرام ”بیک ٹو پیسکوز“ ہے۔ اس پروگرام کو جاری رکھتے ہوئے کہنی کی سی ڈی ٹیم نے شاہ ولایت اسکول میں کچھ سیشنز کے ذریعے طلباء اور طالبات کو قدرتی گیس کے محفوظ اور کفایت شعاری سے استعمال کی تربیت دی اور ان کو خاص طور پر گیس





# ای او جی ایم کے 11 نئے ڈائریکٹروں کا انتخاب



یہ ای او جی ایم 28 اکتوبر 2019 کو منعقد کی گئی جس میں شیئر ہولڈرز، سینئر مینجمنٹ اور ایس ایس جی سی کے دیگر افسران نے شرکت کی۔

الدرین منعم، فیصل بنگالی، ندرارضوان فریدی، ڈاکٹر احمد مجتبیٰ میمن، ڈاکٹر سہیل رضی خان، منظور علی شیخ، زوہیر صدیقی، ایاز داؤد، شیراگلن خان اور کیٹین (ر) فیصل اصغر شامل ہیں۔ ان ڈائریکٹروں کا قیام کمپنیز ایکٹ 2017 کے سیکشن 159 کے دفعات کے تحت عمل میں لایا گیا۔

کمپنی کی ایک ایکسٹرا آرڈینری جنرل میٹنگ (ای او جی ایم) کراچی میں منعقد کی گئی تاکہ تین سالہ مدت کے لئے 11 نئے ڈائریکٹروں کا قیام عمل میں لایا جاسکے۔ جوئے بورڈ آف ڈائریکٹرز چنے گئے ان میں ڈاکٹر شمشاد اختر، محمد رضی



## سی آر ڈی کا منگھوپیر کے علاقے میں چھاپہ



کو پیکر 190.777 ایم ایف ایف گیس چوری کی جاری تھی جس کو کمپنی کو 25 ملین روپے کا نقصان پہنچ رہا تھا۔ اس چھاپے کی کورنگ سائی وی کے پروگرام ’عوام کی آواز‘ میں بھی کی گئی۔

کسٹمر ریلیشن ڈپارٹمنٹ (سی آر ڈی) کی ٹاسک فورس نے سیوریٹی سر ویز (ایس ایس) کا ڈیٹریکٹنگ ٹیمپٹ آپریشنز (سی ٹی او) اور ڈی ایس ایم ویسٹ کے ساتھ مل کر منگھوپیر کے علاقے میں چھاپا مارا اور گیس چوری



## کوئٹہ میں موسم سرما آگاہی مہم کا آغاز



جیسے گناہ کی حوصلہ شکنی کریں۔ اسی دن شام میں میڈیا سے تعلق رکھنے والے احباب کے لیے ایک تقریب کا اہتمام کیا گیا جس میں صحافیوں کی ایک بڑی تعداد نے شرکت کی۔ اس موقع پر سی ایس ڈی آر پارٹنرز کی ایک بڑی تعداد بھی موجود تھی۔ میڈیا برادری نے سوئی سدرن کی کاوشوں کو سراہتے ہوئے قدرتی گیس کی وجہ سے ہونے والی اموات کی شرح میں کمی کو اجاگر کیا۔ اگلے دن موسم سرما حفاظتی مہم کا باقاعدہ آغاز ریجنل آفس کوئٹہ میں ہوا۔ اس موقع پر سی آر ڈی کی گاڑیوں نے روڈ شو پیش کیا۔ ان گاڑیوں پر مہم سے متعلقہ کئی پیغامات آمدیازاں تھے۔

خاتمہ جیسے مقاصد کا حصول تھا۔ اس کانفرنس میں کئی نامور علماء نے اپنے خیالات کا اظہار کیا اور کمپنی کے نمائندگان کو کئی تجاویز دیں، ساتھ ہی ساتھ علماء نے کمپنی کی مینجمنٹ کی اس کاوش کو سراہا۔ اس موقع پر سوئی سدرن کے سینئر جنرل مینیجر سعید احمد لاڈک نے کہا اس سال گیس پریشی میں کمی کے مسئلہ کو مد نظر رکھتے ہوئے صوبہ بلوچستان کو مزید 20 ملین کیوبک فیٹ گیس دی جا رہی ہے۔ ساتھ ہی ساتھ انہیں گیس جیسی نعمت کے کفایت شعارانہ استعمال کی اہمیت کو بھی اجاگر کیا۔ بعد ازاں ڈسٹری بیوشن بلوچستان کے جنرل مینیجر مدنی صدیقی نے گیس کے وسائل میں نقب لگانے کا ذمہ دار گیس چوری کو ٹھہراتے ہوئے کہا کہ یہ مقامی علماء کی ذمہ داری نہیں ہے کہ وہ خطبات میں قدرتی گیس کی چوری

قدرتی گیس کا لاپرواہی سے استعمال غیر ضروری اموات اور نقصانات کا سبب بنتا ہے۔ ہر سال کی طرح اس سال بھی موسم سرما کے آغاز پر آگاہی مہم شروع کی۔ اس مہم میں روایتی میڈیا پلیٹ فارمز کے استعمال کے ساتھ ساتھ غیر روایتی میڈیا پلیٹ فارمز جیسے روڈ شو، سوشل میڈیا وغیرہ کے استعمال سے صارفین تک معلومات پہنچانے کی حتی الوسع کوشش کی گئی۔ اسی ضمن میں سی ای ڈی کے تعاون سے ریجنل آفس کوئٹہ کے کوئٹہ پریس کلب میں علماء کانفرنس کا انعقاد کیا اس کا مقصد عوام الناس تک پیغام رسائی کو مساجد کے ذریعے یقینی بنانا تھا۔ علماء معاشرے میں ہمیشہ صاحب المرئیتے کا کردار ادا کرتے رہیں۔ اس کانفرنس سے ناصر موسم سرما جس قدرتی گیس کا درست استعمال کیج تدارک اور قدرتی گیس کی چوری کا





# ذوقِ فلیم

اکتوبر ۲۰۱۹

فہرست

- ۲۔ کوئٹہ میں موسم سرما آگاہی مہم کا آغاز
- ۳۔ ای او جی ایم کے 11 نئے ڈائریکٹروں کا انتخاب
- ۳۔ سی آر ڈی کا منگھوپیر کے علاقے میں چھاپہ
- ۴۔ ایس ایس جی سی گیس وائس جنریشن کے فروغ کیلئے کوشاں
- ۵۔ ایس ایس جی سی نے بریسٹ کینسر سے آگاہی کے سیشن کا انعقاد کیا
- ۵۔ سندھ اور بلوچستان میں گیس چوری کے خلاف آپریشن جاری

## ایڈیٹر کے قلم سے

محترم قارئین کرام!

اکتوبر کا مہینہ کمپنی کے شیئر ہولڈرز کے غیر معمولی سالانہ اجلاس عام منعقد ہوا۔ اعلیٰ صلاحیت کے حامل گیارہ نئے ڈائریکٹرز ان کا تین سال کی مدت کے لئے انتخاب کیا گیا تاکہ مجموعی طور پر کمپنی کی بہتری کے لئے خدمات انجام دی جاسکیں، جو اسٹیک ہولڈرز کے مفاد میں ہو۔

اکتوبر میں ونٹر سیشن آگاہی مہم بھی آغاز ہو جس میں کوئٹہ میں مسلسل تقریبات منعقد کی گئیں۔ ماضی کی طرح، میڈیا اور علماء کے ساتھ یٹھنزی شکل میں ماس کنٹیکٹ ڈرائیو اس مہم کی کامیابی میں معاون ثابت ہوئی۔ قدرتی گیس کے محفوظ اور دانشمندانہ استعمال پر پرنٹ اور الیکٹرونک میڈیا کی اشتہاری مہم پر بھی عمل درآمد کیا جا رہا ہے۔ اکتوبر کو دنیا بھر میں بطور بریسٹ کینسر سے آگاہی کا مہینہ تسلیم کیا گیا۔ مرض سے متعلق آگاہی کے حوالے سے ڈپارٹمنٹ نے ہیڈ آفس اور کراچی ٹریٹمنٹ میں سیمینار منعقد کرائے جس میں شہر کے معروف ڈاکٹرز نے شرکت کی۔

شکریہ

اپنی آراء ہمیں اس پتے پر ارسال کریں

سوئی سدرن گیس کمپنی لمیٹڈ

کارپوریٹ کمیونیکیشن ڈپارٹمنٹ

ایس ایس جی سی ہاؤس، تیسری منزل، میڈیکل بلڈنگ، بلاک 14، گلشن اقبال، کراچی۔ 75300

فون: 021-99021771(5), 021-99021745, 021-99021739

021-99021720, 021-99021793

فیکس: 021-99231622 ای میل: flame@sngc.com.pk

ادارتی ٹیم (اردو اور سندھی)

● صفدر حسین ● تہینہ انور ● زوبیہ صادق ● محمد طیب





# دُعا

سوئی سدرن گیس کمپنی کا اندرونی جریدہ

## ای او جی ایم۔ نئے ڈائریکٹرز کا انتخاب

