

Sui Southern Gas
Company Limited
SSGC

The

FLAME

Vol. 146 - June 2020

Capturing vibrancy, diversity and energy of SSGC



CORPORATE SOCIAL RESPONSIBILITY

SHARPENING SKILLS

ONE STEP AT A TIME





YOUR EDUCATION
IS A DRESS REHEARSAL
FOR A LIFE THAT IS
YOURS TO
LEAD

A COMPANY
WITH A HEART OF GOLD

A business that makes nothing but money is a poor business, said Henry Ford. SSGC may be in the transmission and distribution business but at the same time it also runs a CSR program through which it makes a positive impact on the lives of the marginalized communities around it. Be it education, health care, environment and community development, SSGC ensures that its efforts bring a positive change in peoples' lives.

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Message from the Managing Director

Dear colleagues,

The spread of COVID-19 has increased tenfold since last month. The best thing for all of us to do is to follow all precautions as communicated by healthcare professionals and experts on this disease.

There is much speculation on the many ways through which this disease can be transmitted. It is our duty as responsible citizens of the country and members of the community to weather this storm by taking all the steps to ensure the safety of our loved ones and ourselves.

I urge our SSGC family to be vigilant and highly responsible during these challenging times. Make sure to maintain social distance amongst yourselves, do not go out needlessly, heed the warnings of necessary authorities and doctors, and prevent further spread of this novel disease.

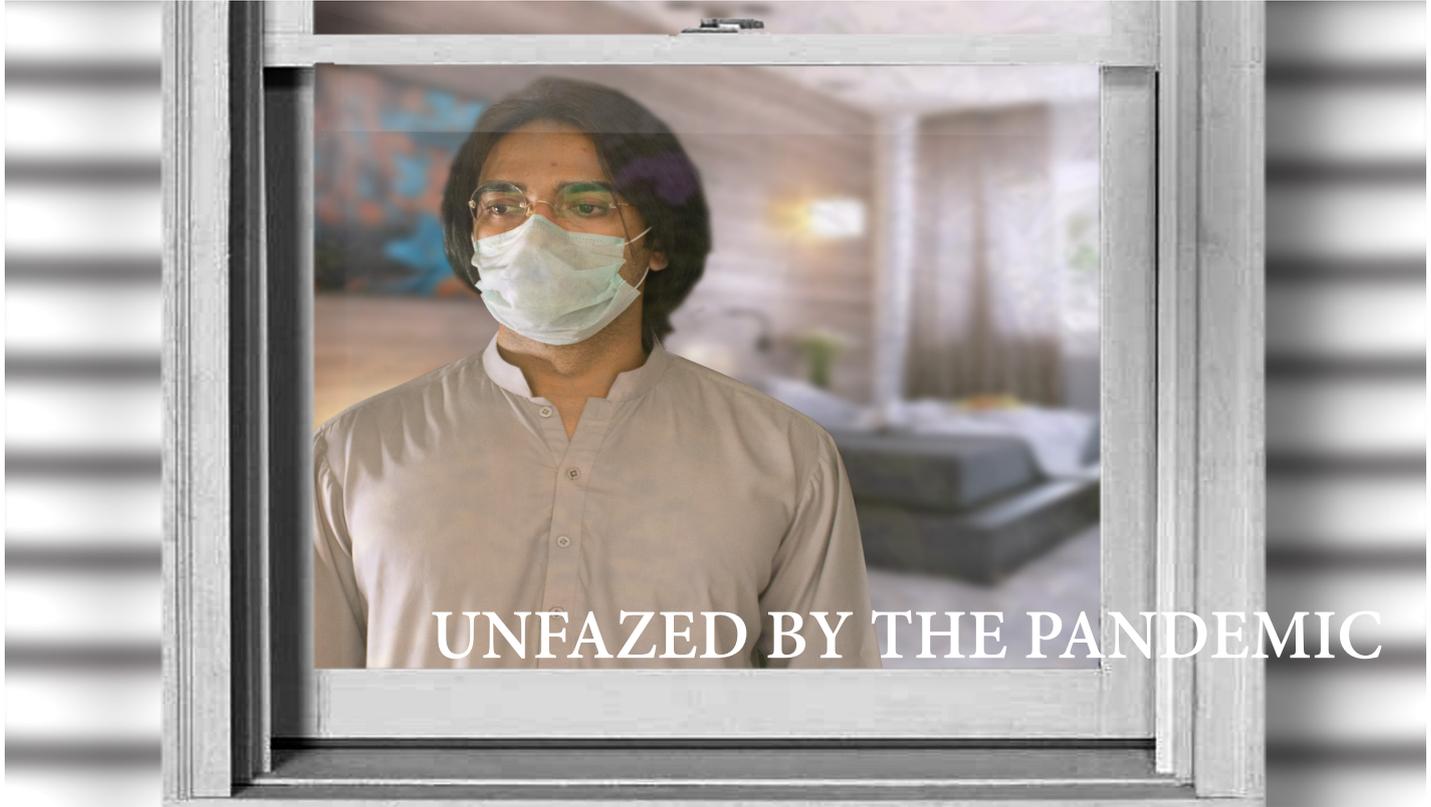
Let us pledge to keep ourselves and our loved ones safe.

Stay home, stay safe, and flatten the curve.

God Bless us all.

Best Regards,

M. Amin Rajput



Dear readers,

In Pakistan, COVID-19 cases are continuing to pile up. The good news is that the recovery rate has shown steady increases with many cases proving to be asymptomatic. Nonetheless, the need for adherence to SoPs including masks, social distancing and personal hygiene is more necessary than ever before. If in the coming months we are able to flatten the COVID-19 curve, this can be an appreciable enough victory for us. All said and done, this is a Corona era and the pandemic, according to WHO will still be a part of our lives till a vaccine is not discovered. Hence safety first should be our way of life.

Meanwhile, on the instructions of PMDU, SSGC is continuing to hold online Khuli Kachehri sessions for redressal of the customers' complaints due to the closure of customer facilitation centres because of COVID-19. Complaints are noted on the spot and forwarded to the concerned departments for their quick redressal.

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OKTOPUS
group



Ever since the launch of Ruburu, the Khulli Kacheri session, SSGC has been utilizing this relatively new mode of communication for facilitating gas consumers through immediate resolution of their complaints. Utility companies across Pakistan have been holding E-kacheri for last several months on the directives of the Prime Minister of Pakistan's PMDU (Performance Delivery Unit). The second session of SSGC's Ruburu was held online on June 9, 2020 through a pre-publicized phone number.

Although during the three-month long lockdown period, SSGC's operational and emergency services were being diligently performed without any delay, however the customers were not able to visit the

Company's Customer Facilitation Centres (CFCs) for their gas related matters.

The prime objective of Ruburu is to reach out to the Company's customers in order to maintain SSGC's efficient service system and to strengthen the trust of customers on country's leading gas utility, through this mode of communication.

This hour-long Kacheri provided a platform for SSGC's Karachi based customers to share their issues and queries on gas related matters. A considerable number of customers called during the session.

In the second session, Acting Managing Director Amin Rajput specially attended and

addressed to the customers directly. AMD Amin Rajput, aided by then SGM Distribution Saeed Ahmed Larik (now ADMD UFG) and GM/Incharge Customer Services, Mr. Shehryar Kazmi assured all the callers that their issues will be resolved soon.

The session was moderated by Company's Spokesperson and GM Corporate Communications Mr. Shahbaz Islam.

SSGC has planned to organize similar sessions in other major regional stations of SSGC, including Hyderabad, Quetta, Sukkur, Larkana and Nawabshah in the next phase. ❶



SSGC intensifies efforts to control gas theft

As part of Operation Grift, SSGC's anti-gas theft campaign, SSGC has been cracking down on gas theft incidents in its franchise provinces of Sindh and Balochistan even during the prevailing pandemic situation.

Recently, the team achieved prosecution success when Honorable Justice Adnan Iqbal of Sindh High Court, Karachi dismissed the third consecutive Bail application of accused Allah Muhammad, who had been stealing gas directly from the Company's distribution line for commercial use.

On the other hand, in order to identify those industries involved in the violation of Gas

Sales Agreement (GSA), extra connected load, and meter size, an industrial joint survey was carried out in Jeaman Leather and Leather Clothing, Khawar Leather, Star Leather Industries, and Haji Muhammad Kabir Tannery.

Detailed reports of the survey will be presented by the team suggesting appropriate action against each surveyed unit.

Further crackdown against all illegal gas connections will continue and efforts to bring down the rising incidences of gas theft will double in the future. ●



SSGC hunts down gas thieves



The Security Services and Counter Gas Theft Operations Department (SS & CGTO) recently carried out a raid in Sakrand City where they apprehended the culprit using a domestic connection for powering a workshop.

The gas meter and regulator were removed on spot. In another raid carried out at Jhol City, the culprit was apprehended for illegally

accessing gas through a stolen meter. Meter was recovered from the culprit's house. Both illegal connections were removed on the spot and claims will be raised accordingly.

Meanwhile, a joint investigation was carried out on multiple industries in Tando Adam and Korangi, Karachi. The surveyed industries included, Zam Zam Filling Station, Muhammadi CNG Station, and Tac CNG

Station from Tando Adam, and M/S Universal Petroleum, M/S Highway Creation Pvt Ltd., M/S Highway Creation Pvt Ltd., and M/S Fakhria Tannery. A detailed report was furnished by the team on these industries for necessary action by Sales, Measurement and Billing Departments on the violations of Gas Sales Agreements (GSA), extra connected load and meter size. ●





Behind the Scenes – Anti Gas Theft Ad Campaign



SSGC recently launched the latest natural gas advertisement campaign. The campaign ran for more than a month on selected national and regional TV channels, newspapers,



magazines and the Company's social media pages. The campaign revolved around a court room scene in which the lawyer is successfully defending SSGC case against gas theft miscreants. Shot at the height of the



COVID-19 pandemic, the 'actors' were seen wearing masks and maintaining social distancing. 🚫



Ration packs for the mediapersons arranged



Due to COVID-19 situation, a number of media persons lost their jobs. Through its CSR initiative, the

Company provided ration packs to the members of Karachi and Quetta Press Clubs. In Karachi, the Corporate Communications'

team led by DGM Salman A. Siddiqui handed over ration bags to Imtiaz Faran, President Karachi Press Club. ●



CSR Support provided to Dr. Ruth Pfau Civil Hospital



As part of its CSR initiatives, SSGC provided financial assistance to Dr. Ruth Pfau Civil Hospital Karachi for purchasing material and equipments to treat

COVID-19 patients. On behalf of the Company, the facilitation cheque was handed over to MS of the hospital Dr. Khadim Hussain Qureshi by Corporate

Communications GM Shahbaz Islam and DGM Salman A. Siddiqui. ●

Making a tangible difference via CSR

‘Without a sense of caring there can be no sense of community’



By Salman A. Siddiqui
DGM (Corporate Communications/CSR)

D Corporate Social Responsibility (CSR), for most of the organizations, is usually the last item on the agenda, pursued after enjoying a healthy bottom-line. However, time has proven that those organizations who pay attention to CSR alongside pursuing profits, stay around much longer. The concept of ‘profit, people and planet’ was developed for gauging the overall success of any business. The term ‘Corporate Social Responsibility’ which became popular in 1960s refers to the contribution of Corporate members of the society to positively impact their environment, customers, stakeholders and members of the general public.

Ever since early 2000s, when SSGC first started contribution in CSR related projects, the Company had demonstrated that responsible corporate citizenship is an integral part of Company's business, irrespective of making profits or otherwise. As a premier public sector utility company, SSGC is responsible for providing uninterrupted gas supply to its customers across its franchise provinces of Sindh and Balochistan. Being a responsible entity, SSGC is obligated to allocate a reasonable sum to undertake CSR-driven initiatives and OGRA acknowledges it by allowing such costs as part of the Revenue Requirement. Since then, SSGC has been committed towards this

objective with the mindset and motivation to reach out to maximum possible stakeholders in its franchise areas. Over the years, the Company has dedicatedly invested in projects in the areas of education, health-care, environment, community development and noble causes. SSGC has been very conscious about the sense of deprivation that exists in Balochistan and interior Sindh and many of Company's CSR projects are aimed at the betterment of marginalized communities in these areas living well below the poverty level.

“I don't know how to thank SSGC for bringing a huge transformation in our lives by gifting bio-gas plants to our village. We used to spend our hard-earned savings on expensive medical treatment of our women whose lungs got severely affected and they remained sick for prolonged durations due to toxic fumes, as they used to burn wood to cook food. With these bio-gas plants, now not only they can cook food without any hassle of fumes but the food gets cooked in much lesser time and we are much happy now as due to the extra time they get, they have started contributing in our earnings by making handicrafts that we sell in cities”. Says Haji Manwar Hilayo, a resident of Mohammad Yousif Hilayo village, located near Keenjhar Lake, 28 kms from Thatta city. Few years back, in collaboration with WWF-Pakistan, SSGC

installed bio-gas plants in this remote village of Thatta with an aim to provide alternate energy to residents of a place that was not on SSGC's supply grid.

Before embarking on any project, CSR Unit studies and investigates the proposals received, carries out the required assessments and monitors the projects in terms of progress, delivery and impact on the societies/ beneficiaries. At the end of the day, cohesion, consistency and transparency are ensured. Need analysis, scoping, planning, site surveys and execution of each CSR-related project are carried out either on solo basis or through strategic local partnerships with key governmental, non-governmental, not-for profit, educational, health and environmental institutions. Company's collaborative partners in CSR activities are reputed institutions and established not-for-profit organizations that share with it, the same vision of making a tangible difference in the lives of the communities whose cause SSGC takes up.

To ensure swift delivery, maximum on ground impact and sustainability of social contributions, all executions occur after due interventions and mutual agreement with stakeholders. The execution of CSR projects is carried out by providing monetary support ▶

organizations of high repute, adequate local presence and relevant experience. These organizations approach CSR Unit and submit their proposals which are then reviewed to assess the need, scope and impact of that particular project on the community.

Provision of Scholarships to meritorious yet financially weaker university students is the hallmark of Company's CSR program. Over the years, the Company had supported tertiary level scholarships to hundreds of such brilliant but lesser privileged students enrolled in reputed institutions such as IBA, LUMS, NED, IoBM, MUET, QUEST, Sukkur IBA, BUITEMS, BUETK and LUAWMS. Many of these students who belonged to marginalized communities are now gainfully employed, following their passion and supporting their families with dignity.

"Learning, in my opinion, is a life-long process, but to give a strong basis to it, a good university's education plays the key role. A bundle of thanks to my sponsor SSGC, I have gone through the richest learning experience at LUMS. I just wish that more students get this kind of opportunity and help build our country through this education". Says Safina Abbas Ali, whose 4-year BSc. (honors) program in LUMS was fully funded by SSGC, few years back. The scholarship covered not only the tuition fee, but all expenses regarding hostel accommodation, books and living allowance. Safina's father used to work as a watchman and was earning Rs. 4,000/- per month.

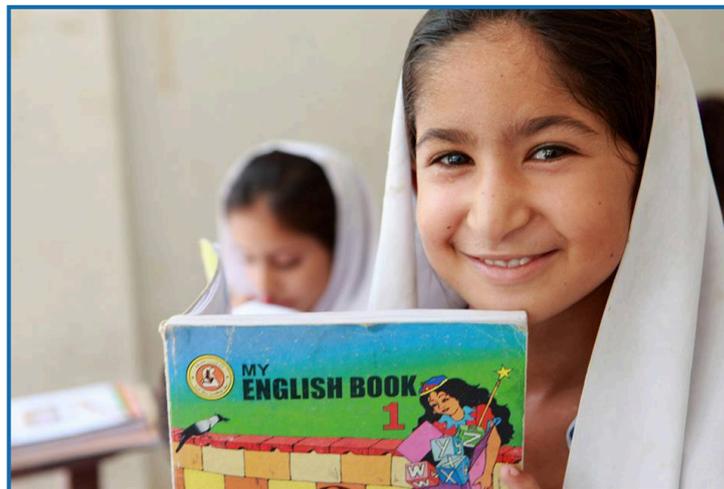
To promote skilled-based education, the Company had expanded its support to aid noble institutions such as The Hunar Foundation and Behbud that specializes in this area. SSGC also collaborated with institutions such as FESF, DEWA and Markaz-e-Umeed to make disabled and special children, self-sufficient. Spreading and promoting education has been SSGC's major CSR focus and hence it takes the biggest share of the budgetary pie.

In the beginning, Company's concentration was primarily on monetary and brick and mortar support to educational institutions for giving them a new lease of life through renovation of their structures and equipping them with required paraphernalia such as furniture, uniforms, water filters and coolers. Later on Company also supported the yearly operational expenses of schools operated by not-for-profit organizations, such as TCF. Over years, the Company has been facilitating lesser fortunate students of Balochistan enrolled in the secondary school education,

under the aegis of Pakistan Army in their project CBEP and in Ziarat under the patronage of AHST. To enhance the skill based learning, SSGC had also set-up Computer Libraries in many of such not-for-profit academic institutions. The Company is supportive of training of teachers and for that it has facilitated institutions such as TRC and Durbeen.

In healthcare, SSGC's main focus has been on easing the lives of children suffering from deadly disease of Thalassemia. Company supported absolutely free of charge treatment and rehabilitation of such children by funding reputable Thalassemia fighting institutions such as Fatimid, OSF, AMTF and HIWT. The Company also expanded its wings by facilitating health based reputable NGOs such as SIUT, TIH, MALC, AMWS, HASWA, CAA, FKCH, Darul Sukun, Edhi, Chippa, LWT, etc. in procuring health-related equipment, machines and ambulances. The Company is proud of the fact that these noble health-care institutions are a part of its CSR repertoire.

In the area of environment and community



development, SSGC undertook sustainable projects having positive long-term impact. The Company collaborated with IUCN in its drive to conserve mangroves by planting thousands of samplings at Port Qasim, embarked on projects in desert of Tharparkar with TRDP, aimed at providing clean drinking water through dug-wells, water hand pumps, solar drinking water plant, solar household small power units, collaborated with WWF by involving students of government schools in educating them the concept of beach cleaning and also in setting up bio-gas plants in far flung villages of Thatta. The introduction of bio-degradable paper bags by SSGC few years back was much appreciated by the people who lauded SSGC for fighting against the environmental pollution created by the plastic bags.

Under its initiatives of noble causes, the Company supports entire living and

academic expenses of orphans and discarded children who are by collaborating with notable organizations such as SOS villages and AKWS. Over few years, SSGC had continued its support in fulfilling the last wishes of terminally ill children through MAWFP. The Company also supports the handicapped in their rehabilitation steps by facilitating institutions such as PAB and DWA. Recently SSGC took a new initiative by showcasing the rich talent of deaf students of two special education schools by exhibiting their marvelous paintings and handmade potteries at Karachi Literature Festival.

The Company has a rich history of rising to the catastrophes and natural calamities by reaching the sites and supporting the effected communities through provision of relief goods, ration, cooked food, medical camping and had even constructed houses in Gari Habibullah in Mansehra for the affectees of biggest earthquake in Pakistan's history that jolted the country in October 2005. Not failing to respond to the current pandemic caused by deadly Coronavirus that sneaked in this February, affecting millions in the

country, the Company not only contributed a substantial amount in the Prime Minister's COVID Relief Fund but also provided financial assistance to eleven hospitals and health-care institutions in its franchise areas that are providing free of charge COVID testing and isolation facilities. This support enabled these institutions to procure PPEs, testing kits, masks and relevant articles and machines. SSGC not only supported local NGOs for distributing ration packs to marginalized communities in interior Sindh but also reached out to the recently unemployed journalists in its franchise areas, by providing ration packs through Karachi and Quetta Press Clubs.

There are some who regard CSR as a public relation tool. There is no denying this objective, however, at SSGC CSR is seen as a sincere effort aimed towards a positive outcome for the community, Company is focusing on, driven by a sense of caring. While from the Company's perspective, CSR initiatives have not only made SSGC a responsible corporate entity, it has also made SSGC more conscious towards extending a helping hand to the less fortunate around it.

This mindset of giving back to the society will eventually help bring consolation in our deeds as the Company continues to pursue in improving the quality of lives of marginalized communities in its franchise areas. ○

Getting tough on the menace of gas pilferage

by Syed Imran Ahmed, CM (Corporate Communication)

Collecting gas from gas fields, transporting it to over hundreds of kilometers through large pipelines, and then distributing it to varied consumers across a wide geographical span, is no simple task. From the freezing Quetta Region surrounded by snow-capped mountains to the scorching Sibi and Indus-embracing Sukkur to the ever expansive Karachi, SSGC's gas transmission and distribution networks provides a steady supply of natural gas, the least expensive and most environment friendly of all fossil fuels.

Natural gas is the biggest source of primary energy with a share of 43 per cent in Pakistan's energy mix. Pakistan also possesses one of the largest gas pipeline networks in the world, nearing some 150,000 kilometres, for gas distribution and transmission, servicing more than 9 million customers. However, one of the key technical issues being faced by utility companies around the world and in Pakistan is line losses or Unaccounted-for-Gas (UFG). In Pakistan, UFG generally accounts for more than 10 per cent of the total gas supplied but goes all the way up to 60 per cent in some areas.

Since the last several years, the Company has been struggling to remain robust financially but one of the major challenges in the way of strong financial numbers is that of UFG. Among the largest contributors of financial losses to the company is the rising trend of 'Unaccounted-for-Gas' (UFG) which, in simpler terms, can be defined as the difference between the purchase and sale of gas.

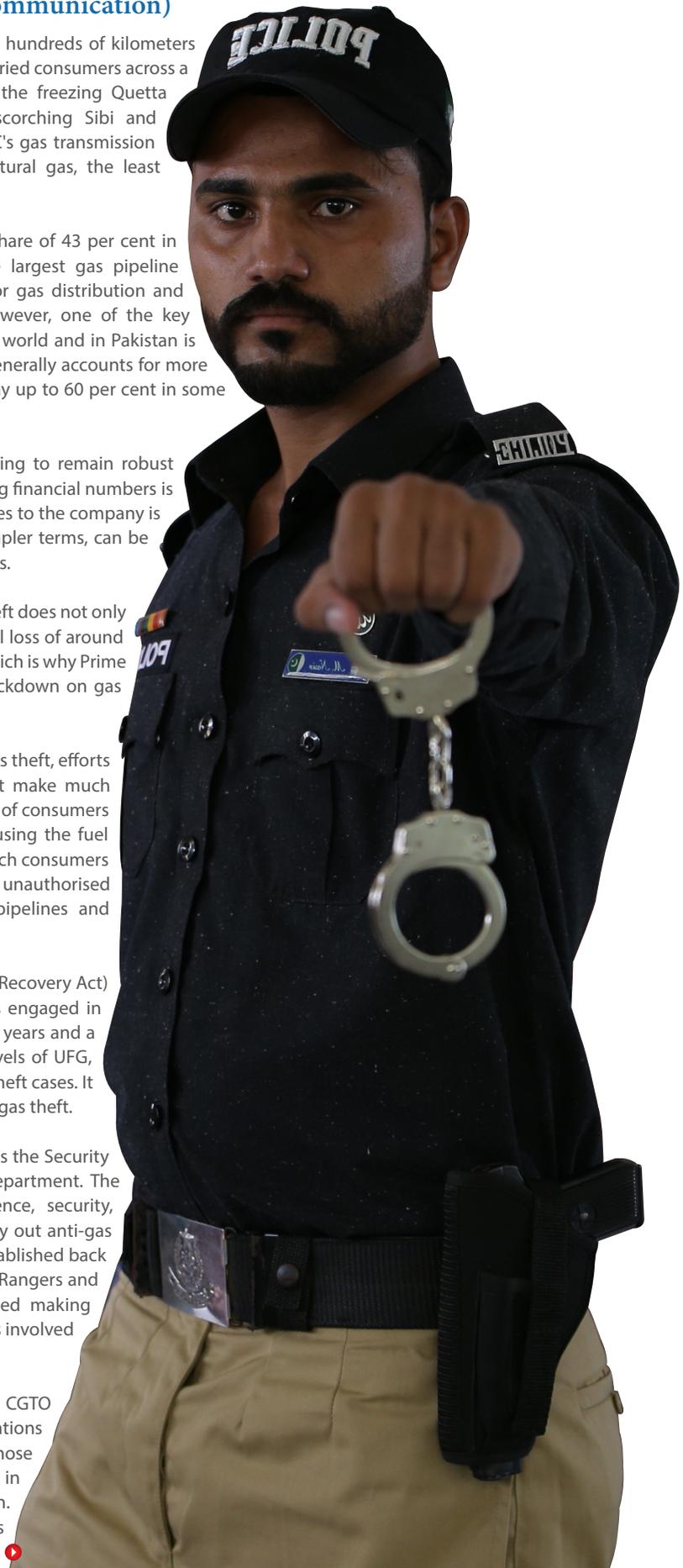
The major contributing factor in UFG is theft of natural gas. Theft does not only affect the gas companies financially but also causes an annual loss of around Rs. 50 billion to the national exchequer. It is a national issue which is why Prime Minister Imran Khan recently directed for a countrywide crackdown on gas thieves.

Although in the past, legislation was promulgated to rein in gas theft, efforts made by the gas companies to control gas theft could not make much progress. Moreover, instead of paying their gas bills, a number of consumers in domestic, commercial and industrial sectors resorted to using the fuel illegally in clear violation of the Gas Sales Agreement (GSA). Such consumers bypassed gas meters, and ran heavy generators using unauthorised connections, damaged transmission lines, tampered gas pipelines and meters and managed to get away with the crime scot-free.

In 2016, National Assembly of Pakistan passed Gas (Theft and Recovery Act) that allowed the imposition of heavy penalties on offenders engaged in various types of gas theft with a maximum punishment of 14 years and a penalty up to Rs100 million. Hence, SSGC, faced by rising levels of UFG, was driven by the Act to take stringent measures against gas theft cases. It was high time the Company got tough against the scourge of gas theft.

In 2017, the Company's Security Department was revamped as the Security Services and Control Gas Theft Operations (SS & CGTO) Department. The newly formed department was constituted with intelligence, security, prosecution and operations wings formed to effectively carry out anti-gas theft operations. In conjunction with SSGC Police that was established back in 2015 and other law enforcement agencies including Sindh Rangers and Federal Investigation Authority (FIA), the department started making regular raids against domestic, commercial and industrial units involved in gas theft.

Numbers speak for themselves. Since July 2017, SS & CGTO Department has undertaken 220 intelligence based operations across Sindh and Balochistan by conducting raids on those domestic, commercial and industrial units that were involved in blatant gas theft under the title "Operation Grift" campaign. Overall, the department has conducted around 1,370 raids as part of the 'Operation Grift'. Some 220 miscreants have been



arrested and FIRs have been lodged against 475 wrong doers.

SSGC's efforts have been further boosted by the establishment of more than 35 Gas Utility Courts in Sindh and Balochistan, as defined in the Act, to take punitive action against the offenders and serve them punishment commensurate with the type of theft committed.

The Act spurs a common citizen into playing a proactive role in prosecuting the wrong doers. Section 25 of Gas Act 2016 specifically states that if an incident of a bona fide theft is reported to the Company, the reporting individual, as per law, will be eligible to 5 per

cent of the recovered amount. While on the ground, SSGC continues its relentless drive against gas thieves, the Company's Corporate Communication Department is regularly running media campaigns in print, electronic and digital media about this menace.

The aim is to mobilize the stakeholders about this crime against community so that they too stand with SSGC to combat it. SSGC's current mass media anti-gas theft campaign is primarily aimed at the rising tide of industrial theft.

The advertisements carry strong messages, warning the miscreants against unauthorized enhancement of gas loads and installation of

the suction booster in industrial units, both of which can land them in trouble.

To root out what is bad in the society is never easy. Team SSGC is, however, determined to counter gas theft and the inroads it has made during the last one year is a manifestation of its steadfastness against this major misdemeanour.

Gas theft is a crime against community and SSGC's true success to uproot it will be ensured only with a concerted effort from the government, the general public and the media. 



The Best of Social Media – June 2020

SSGC

CFCs CLOSED FOR OPERATIONS

In order to halt the spread of COVID-19, lockdown is being enforced in many hotspots. Owing to this developing situation, our esteemed customers are informed that Customer Facility Centers across SSGC's operational areas of Sindh and Balochistan will remain closed till further orders.

Customers are hereby requested to contact SSGC on following for queries and complaints:

- Call Center Helpline: **1199**
- Whatsapp messages on 0320-6868915-16 (KARACHI) 0320-6868917 (INTERIOR SINDH) 0320-6868918 (QUETTA)

SSGC

HAPPY Father's DAY

0:00 297 views

PLY ISSUES - SSGC LISTS DOWN THE FACTS

(KE) by attributing prolonged power outages in Karachi to SSGC is misleading the citizens of the city.

gas-fired plants, KE recently asked SSGC to enhance its gas supplies from 190 mmcf/d to 240 mmcf/d. Two days ago, SSGC to further enhance gas supplies to 290 mmcf/d.

SSGC complied to KE by arranging RLNG from other sources, in the best interest of the people of Karachi.

claiming that SSGC has curtailed its gas supplies, when supplying KE with 240 mmcf/d gas, which by the way is 50 mmcf/d more than the routine load of 190 mmcf/d.

that the only GSA between SSGC and KE is only 190 mmcf/d. It was signed several decades ago!

SSGC

MAJOR RAID ON DIRECT GAS THEFT

Counter Gas Theft Operations (CGTO) team led by Mr. Nawabshah carried out joint raids in Shahi Bazar Moro. The customer was found using gas from domestic connection for commercial purpose (Power Generation for selling electricity to the market).

Meters and regulators were suspected to be tampered. Connected load was 625 cft/hr. Meters were removed and Service Line was killed. Claim is now being raised.

TO REPORT GAS THEFT CALL: 1199
gas.theft.info@ssgc.com.pk

Sui Southern Gas Company Limited

SSGC OPERATION گروہ

گئس چور خبردار ٿين، هاڻي توھان جي خلاف قانوني ڪاروائي ٿي رھي آھي. گئس جي چوري انتهائي سنگين ڏوھ آھي.

To report gas theft CALL: 1199
WhatsApp: 0323-8213346
Email: gas.theft.info@ssgc.com.pk

WHY FACE MASK IS IMPORTANT?

Transmission Probability **HIGH** (No mask)

Transmission Probability **LOW** (Mask)

Transmission Probability **LOWEST** (Mask)

er
Healthy Person

SSGC Sui Southern Gas Company Limited

Let's uproot the menace of natural gas theft...together

A HEAVY PRICE FOR BREAKING THE LAW

Gas (Theft Control & Recovery) Act 2016

SSGC OPERATION گروہ

To report gas theft CALL: 1199
Send brief and pictures on WHATSAPP 0323-8213346
Email: gas.theft.info@ssgc.com.pk

PRESERVE NATURAL GAS EVERY DAY

Don't leave the stove on when not in use.
Ensure blue flames, as red & yellow
flames indicate gas wastage.
A little effort can save you more.

Conserve natural gas, Now.



Remember! Always use Pakistan Standards and Quality Control Authority (PSQCA)-approved gas products and fittings.

www.ssgc.com.pk

[ssgc.official](https://www.facebook.com/ssgc.official)

[ssgc_official](https://www.instagram.com/ssgc_official)



BENEFITS OF DATES

Ever since dates were discovered, they were known to have healing powers. These delicious dark fruits are a must have for everyone during the month of Ramadan. However, having a handful everyday can not only boost your immunity, but also provides a rich host of nutrients for the body. Here are the top benefits of dates which should be consumed in moderation on a daily basis.

- Dates help in lowering cholesterol
- They are a rich source of protein
- Dates are a rich source of vitamins, like B1, B2, B3 and B5, as well as A1 and C.
- Dates are rich in selenium, manganese, copper, and magnesium which are essential for improving bone health.
- Date are loaded with potassium, and contain little sodium, which strengthens the nervous system.
- Apart from fluorine that keeps your teeth healthy, dates also contain iron, which is highly recommended for those who suffer from iron deficiency.
- Dates aid in digestion and makes sure it keeps working in order.
- The vitamins C and D in dates works on the skin's elasticity, and also keeps the skin smooth.



<https://www.homekitchenbuzz.com/benefits-of-dates-for-men/>

STEPS TO CLEAN YOUR HANDS THOROUGHLY

Ever since the disease which has plagued our lives took over, hand washing has become an essential preventive measure to keep ourselves and our loved ones safe. However, washing hands properly requires a couple of important steps that must be followed at all times by adults and children alike. Following are the steps to follow when washing hands.

1. Wet hands with water
2. Take enough soap to cover hands
3. Starting with the palm, rub hands together.
4. Massage the soap into the left hand with your right, interlaced fingers, and vice versa
5. Massage hands palm to palm with interlaced fingers
6. Backs of fingers should be massaged against opposing palms with interlaced fingers
7. Rub your left thumb while rotating it by clasping it in the right palm. Repeat the same for right thumb clasped in left palm.
8. Do the aforementioned step for all the fingers of your right hand while clasped in left hand and vice versa.
9. Thoroughly rinse hands with water.
10. Dry your hands thoroughly with a single towel.

<https://www.healthline.com/health/7-steps-of-handwashing>



CRANBERRIES HEALTH BENEFITS that last a *Lifetime*

Cranberries are a seasonal fruit of fall, and as winters approach, these little beauties offer a range of health benefits that keeps your body safe from infections.

- They aid in preventing cancer
- They are perfect for preventing urinary tract infections
- They are good for the heart
- They help in keeping you fit and prevents obesity
- They are a great cure for lung inflammation
- They strengthen bones and teeth, thus preventing tooth decay
- They aid in improving digestion
- They offer amazing anti-aging benefits

<https://www.medicalnewstoday.com/articles/269142>



ENERGY SNAPSHOT

MOL announces gas and condensate discovery in Pakistan

MOL, as the operator of TAL Block in Pakistan, has made a new gas and condensate discovery. This marks the company's 13th discovery in Pakistan and 10th discovery in the TAL Block.

The Mamikhel South-1 exploratory well successfully reached a total depth of 4,939m on 23 May 2020. Upon testing the well flowed gas and condensate from Lockhart and Hangu formation at a flow rate of 6,516 boepd (16.12 MMscf/d and 3,240 bpd, respectively), with flowing well-head pressure of 4,476 PSI at 32/64" choke. Further testing of the well is ongoing.

The Mamikhel South-1 discovery is expected to improve the energy security of the country from indigenous resources.

As the operating shareholder, MOL is responsible for 89 mboepd gross production (as of Q1 2020) in the TAL block (MOL's share is 8.4%).

MOLs partners in the Joint Venture consortium are OGDCL, PPL, POL and GHPL. 🇵🇰

<https://molgroup.info/>



Gas infrastructure tax decision to help fund projects, pipelines



Pakistan's apex court has allowed the government to collect a pending gas infrastructure development tax amounting to billions of dollars from fertilizer, power, chemicals and cement companies, according to the court's verdict Aug. 13, a move that would help policymakers to use the funds to develop gas projects.

The government in 2011 had imposed a gas infrastructure development tax aimed at collecting funds to develop pipelines connecting different parts of the country as

well to other countries to plug the energy deficit. But in 2016, the companies took the battle to court and appealed in the Supreme Court against the tax. As a result, the government had not been collecting the gas infrastructure tax since 2016. According to court documents, the outstanding amount was Rupees 457 billion (\$2.7 billion).

Elaborating on how the government would recover the dues, Muhammad Saeed Khalid, head of research in Karachi-based brokerage house Shajar Capital, said that the companies would be allowed to pay their outstanding

dues in 24 monthly installments over the next two years. Pakistan's domestic gas production is currently around 3.8 Bcf/day, while demand has been around 6.2 Bcf/day in the summer and 6.8 Bcf/day during the winter months. Pakistan currently has two operational LNG terminals -- Elengy Terminal, having a capacity of 600 MMcf/d, and Gasport Pakistan Ltd., also having a capacity of 600 MMcf/d. The government currently pays \$500,000/d in capacity charges on a use-it-or-lose-it basis. ●

Source: spglobal.com

IEA sees lower oil demand in 2020, 2021 on upsurge of coronavirus cases

The International Energy Agency lowered its global oil demand forecasts for the first time in several months on Thursday, as the number of Covid-19 infections remains high and amid ongoing weakness in the aviation sector.

In a closely-watched monthly report, the IEA said it now sees global oil demand for 2020 at 91.1 million barrels per day, reflecting a fall of 8.1 million barrels per day year-on-year.

This revised forecast is 140,000 barrels per day lower than the IEA's previous projection. The agency also revised down its 2021 global oil demand estimate by 240,000 barrels per day to 97.1 million barrels per day, with jet

fuel demand identified as the "major source" of weakness. The report comes shortly after the world's largest oil and gas firms reported historic losses in the second quarter as coronavirus lockdown measures led to an unparalleled demand shock in energy markets. Earlier this year, IEA Executive Director Fatih Birol told reporters that 2020 may well come to represent the worst year in the history of oil markets.

Oil prices have slipped more than 25% year-to-date. The coronavirus outbreak "has cast a long shadow" over oil demand, the IEA said in its oil market report. ●

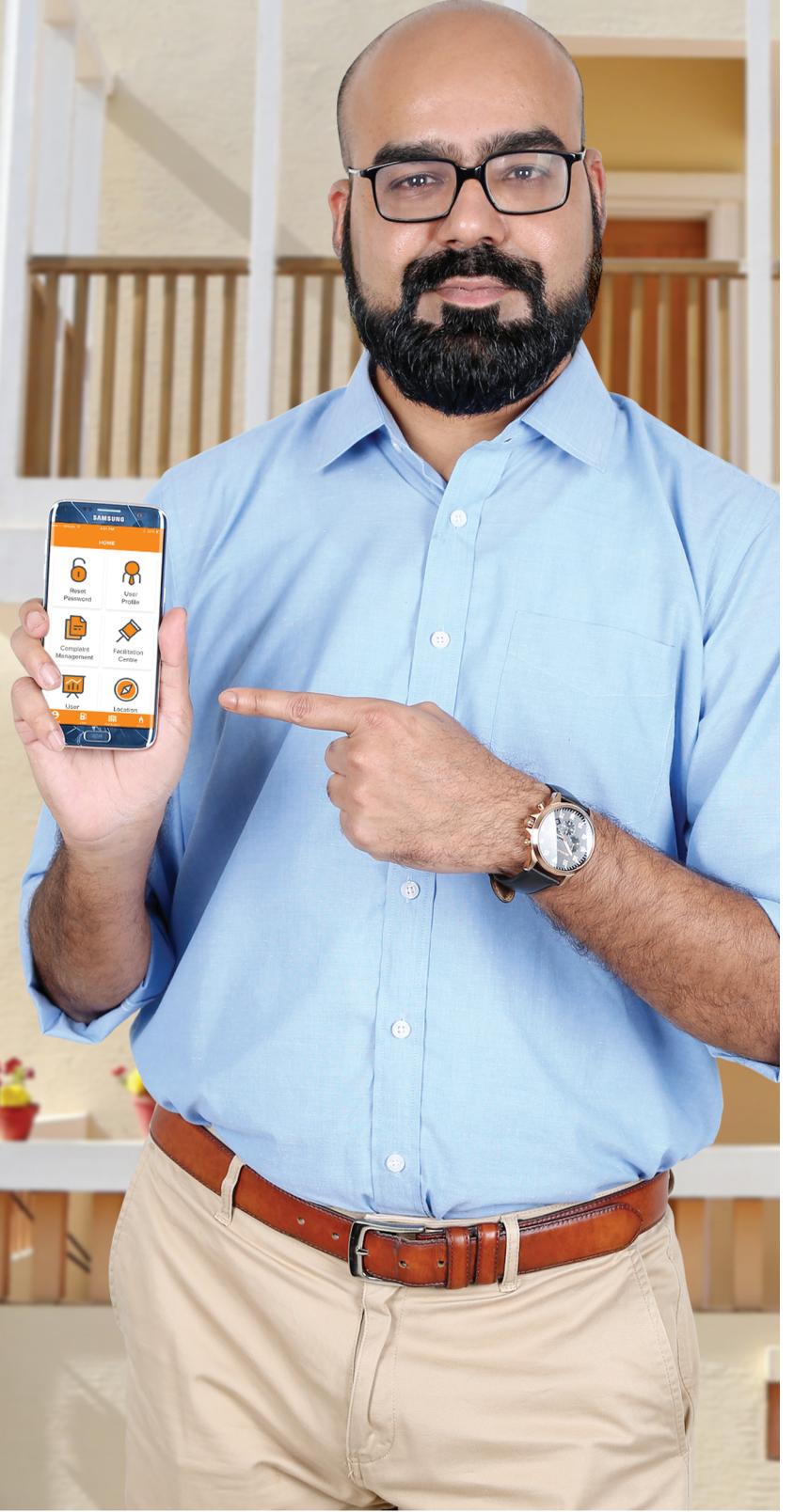
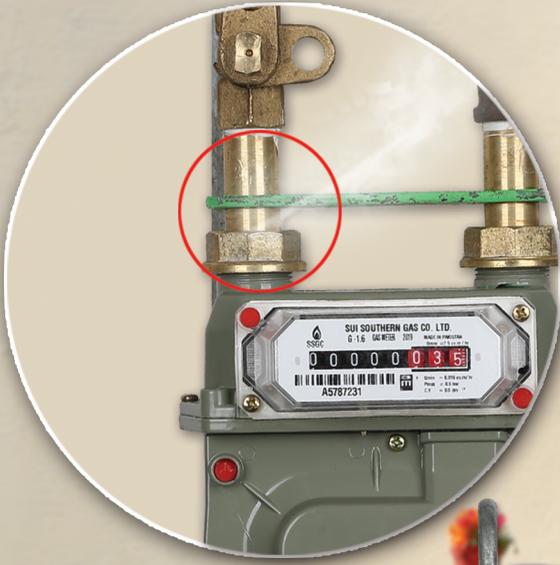
Source: reuters.com



سوئی سدرن گیس
کمپنی لمیٹڈ



گھر کے باہر بھی گیس لیکج سے نقصان ہمارا ہے



صرف گھر کے اندر ہی گیس لیکج خطرے یا نقصان کا باعث نہیں اگر گلی محلے میں بھی کہیں گیس لیکج ہو رہی ہو تو ہوشیار ہو جائیں اور اسی وقت اپنے فون سے SSGC ہیلپ لائن 1199 کال کریں یا SSGC Customer Connect ایپ ڈاؤن لوڈ کر کے اطلاع دیں۔

سمجھداری دکھائیں ... ذمہ داری نبھائیں



گئس چورن کي پڪڙڻ لاءِ سئي گئس جي تازي ترين ڪاوش

پر ضروري تبديلي جي باري تجويزون شامل هيون تيار ڪيون ويون. گئس چوري خلاف اها مهمله جاري رهندي ته جيئن گئس چوري پر گهٽائڻي آندي وڃي ۽ مستقبل ۾ ان قسم جي واقعن جي روڪڻا ڪري سگهجي.

ڏوهاري الله محمد جيڪو ڪمرشل استعمال لاءِ سئي گئس جي ڊسٽريبيوشن لائين مان گئس چوري ڪندو هو، ان کان علاوه گئس سيلز ايگريگيشن جي خلاف ورزي ڪندي حاج ڪرڻ لاءِ غير مجاز ميٽر سائيز وغيره لاءِ سروي ڪيو ويو. سروي ڪيل ڪمپنين ۾ جيمين ليڊر، حاجي محمد ڪبير ٽينري شامل آهن. سروي جي باري ۾ تفصيلي رپورٽ جنهن

آپريشن گرفت ۽ اينٽي گئس ٽيفٽ ڪيمپين جي تحت سئي گئس جي فرنيچائز ايريا ۾ گئس چورن خلاف ڪارروائي تيز ڪري ڇڏي. موجوده وبائي بيماري جي صورتحال جي باوجود سنڌ ۽ بلوچستان ۾ گئس چورن خلاف ڪارروائي ڪئي وئي. تازو قانوني ڪارروائي دوران جسٽس محترم عدنان اقبال ٽئين ضمانت خارج ڪندي سئي جي موقف کي اهميت ڏني.

گئس چوري خلاف اشتهاري مهمله



مسئلي جي باوجود فلمايو ويو، جنهن ۾ موجود ڪم ڪرڻ وارن سمورن ايڪٽرز کي ماسڪ پاتل ۽ سوشل ڊسٽينس رکندي ڏسي سگهجي ٿو.

هڪ مهيني تائين ڏيکاري وئي. ان مهمله ۾ ڪورٽ جو هڪ سين ڏيکاريو ويو، جنهن ۾ جج سئي گئس جي حق ۾ فيصلو ڏيندي گئس چورن کي سزا ڏني. اهو اشتهار موجوده وبائي

سئي گئس تازوئي هڪ نئين اشتهاري مهمله جي شروعات ڪئي آهي. اها مهمله چونڊيل قومي ۽ علائقائي ٽي وي چئنل، نيوز پيپر، ميگزين ۽ ڪمپني جي سوشل ميڊيا تي

روبرو_ صارفين جي شڪايتن جو ازالو



ذريعو اعتماد ۾ اضافي جو سبب بڻجن ٿو. هڪ ڪلاڪ ڊگهي ڪچهري سيشن ۾ ايڪٽنگ مئنيجنگ ڊائريڪٽر امين راجپوت، سعيد احمد لاڙڪ ايس جي ايم ڊسٽريبيوشن ۽ شهريار ڪاظمي، جي ايم بلنگ شامل هئا، جن صارفين جون شڪايتون ٻڌيون ۽ ان جي حل لاءِ هدايتون جاري ڪيون.

مهينا لاک ڊائون جي دوران سئي سدرن جون آپريشنل ۽ هنگامي خدمتون بنا رڪاوٽ جي جاري رهيون آهن. ان هوندي صارفين ڪسٽمر فيسٽيوليشن سينٽر جي ذريعي گئس بابت معاملن جي حل کان قاصر هئا. ”روبرو“ جو بنيادي مقصد ڪمپني جو صارفين تائين سئي سدرن جي سروسز جي بروقت فراهمي آهي ۽ صارفين سان رابطي جو اهڙو

”روبرو“ (ڪليل ڪچهري سيشن) جي شروعات کان پوءِ سئي سدرن ان ذريعي سان صارفين جي شڪايتن جي في الفور ازالو لاءِ ڪوشش ڪئي آهي. پاڪستان جون يوٽيلٽي ڪمپنيون ڪيترن ئي مهينن کان اي ڪچهري سيشن (آن لائين) منعقد ڪري رهيون هيون. سئي سدرن جو روبرو ”سيشن“ 9 جون تي بذريعي مشتھر فون نمبر جي ٿيو. جيتوڻيڪ ٽي



ایس ایس جی سی کا گیس چوروں کے گرد گھیراؤ

شامل تھیں۔ ٹیم کی جانب سے سبڈ، میورمنٹ اور بلنگ ڈیپارٹمنٹ کے تعاون سے ایک تفصیلی رپورٹ تیار کی گئی تاکہ گیس سبڈ ایگریمنٹ (جی ایس اے) غیر مجاز شدہ کنکشن لوڈ اور میٹرسائز کے حوالے سے بے ضابطوں پر ضروری کارروائی عمل میں لائی جائے۔

دونوں غیر قانونی کنکشنز کو منقطع کر دیا گیا اور ان کے خلاف رپورٹ درج کروادی گئی۔ اس کے علاوہ ایک مشنر کہ ٹیم کی جانب سے کورنگی کراچی اور ٹنڈو آدم کی مختلف صنعتوں کے بارے میں تفتیش کی گئی۔ ان صنعتوں میں ایم/ایم یونیورسل پیٹرولیم، ایم/ایس ہائی وے کری ایشن پرائیویٹ لمیٹڈ اور ایم/ایس فخریہ نائیری اور ٹنڈو آدم سے زم زم فلنگ اسٹیشن، محمدی سی این جی اسٹیشن اور ٹی اے سی سی این جی اسٹیشن

سکیورٹی سروسز اینڈ کاؤنٹر گیس تھیف آپریشنز ڈیپارٹمنٹ (ایس ایس ایس جی ٹی او) نے حال ہی میں سکرنڈ شہر میں چھاپہ مار کر گیس چوری کو پکڑا جہاں گھر بلیو کنکشن کے ذریعے ایک ورک شاپ چلائی جارہی تھی۔ گیس میٹر اور ریگولیر کو فوری منقطع کر دیا گیا۔ ایک اور چھاپے میں جھول شہر میں ایک مجرم کو چوری کے میٹر سے غیر قانونی گیس حاصل کرتے ہوئے پکڑا گیا۔ اس میٹر کو مجرم کے گھر سے برآمد کر لیا گیا۔

گیس چوری کے خلاف اشتہاری مہم



کرنے والے تمام ایکٹرز کو ماسک پہننے ہوئے اور سوشل ڈسٹینس رکھتے ہوئے دیکھا جاسکتا ہے۔

سین دکھایا گیا۔ جس میں جج نے سوئی سدرن گیس کے حق میں فیصلہ دیتے ہوئے گیس چوروں کو سزا دی۔ یہ اشتہار موجودہ وبائی بیماری کے باوجود فلما یا گیا۔ جس میں موجود کام

سوئی سدرن نے حال ہی میں ایک نئی اشتہاری مہم کا آغاز کیا ہے۔ یہ مہم منتخب شدہ قومی اور علاقائی ٹی وی چینلز، اخبارات، رسالوں اور کمپنی کے سوشل میڈیا پر ایک ماہ تک جاری رہی۔ اس مہم میں کورٹ کا ایک



گیس چوروں کو پکڑنے کے لئے سوئی گیس کی تیز تر کاوش

تہذیبوں کے بارے میں تجاویز شامل تھیں تیار کی گئی۔
گیس چوری کے خلاف یہ مہم جاری رہے گی تاکہ گیس چوری میں
بتدریج کمی لائی جائے اور مستقبل میں اس قسم کے واقعات کی روک
تھام کی جاسکے۔

کو تقویت دی۔ مجرم اللہ محمد کمرشل استعمال کے لئے سوئی گیس کی
ڈسٹری بیوشن لائن سے گیس چوری کیا کرتا تھا۔
اس کے علاوہ گیس سٹور ایجنٹ کی خلاف ورزی کی جانچ کرنے
کے لئے غیر مجاز شدہ میٹرسائز وغیرہ کے لئے سروے کیا گیا۔ سروے
کی گئی کمپنیوں میں جنہیں لیڈر، خاور لیڈر، اسٹار لیڈر، حاجی محمد کبیر ٹیئری
شامل ہیں۔ سروے کے بارے میں تفصیلی رپورٹ جس میں ضروری

آپریٹنگ گروت اور اینٹی گیس تھیٹ گیس کے تحت سوئی گیس نے
فریجائز ایریا میں گیس چوروں کے خلاف کارروائی تیز کر دی۔ موجودہ
وہابی بیماری کی صورتحال کے باوجود سندھ اور بلوچستان میں گیس
چوروں کے خلاف کارروائی جاری رکھی گئی۔
حالیہ قانونی چارہ جوئی کے دوران جسٹس محترم عدنان اقبال نے
تیسری ضمانت خارج کرتے ہوئے سوئی گیس سدرن گیس کمپنی کے موقف



روبرو۔ صارفین کی شکایات کا ازالہ



ذریعے اعتماد میں اضافے کا باعث بنے گا۔ ایک گھنٹہ طویل کچہری سیشن میں ایکٹنگ مینجنگ ڈائریکٹر امین راجپوت، سید احمد لاڑک ایس جی ایم ڈسٹری بیوشن اور شہر یار کاظمی، جی ایم انچارج کسٹمر سروسز نے شمولیت کی اور صارفین کی شکایات سنیں اور ان کے حل کے لئے ہدایات جاری کیں۔

اگرچہ، تین ماہ طویل لاگ ڈاؤن کے دوران سوئی سدرن کی آپریشنل اور پنکامی خدمات بلا تعلق جاری رہیں، تاہم صارفین کچھ عرصے کسٹمر فیسیلیٹیشن سینٹر کے ذریعے گیس سے متعلقہ اپنے معاملات کے حل سے قاصر تھے۔ روبرو کا بنیادی مقصد کمپنی کے صارفین تک سوئی سدرن کی خدمات کی بروقت فراہمی ہے اور صارفین سے رابطے کا یہ

روبرو (کھلی کچہری سیشن) کے آغاز کے بعد سے سوئی سدرن اس ذریعے سے صارفین کی شکایات کے فی الفور ازالے کے لئے کوشاں ہے۔ پاکستان کی یوٹیلیٹی کمپنیاں پچھلے کئی ماہ سے ای۔ کچہری سیشن (آن لائن) منعقد کر رہی ہیں۔ سوئی سدرن کا دوسرا روبرو سیشن 9 جون کو بذریعہ مشہور فون نمبر کے ہوا۔



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ایڈیٹر کے قلم سے

محترم قارئین کرام!

پاکستان میں کووڈ-19 کے کیسز مستقل بڑھتے جا رہے ہیں۔ اچھی بات یہ ہے کہ ریکوری ریٹ میں بھی روز بروز اضافہ ہو رہا ہے اور بہت سارے کیسز میں تو صرف علامتی نوعیت کے ہیں۔ بہر حال اس سب کے باوجود ایس اوپیز، سوشل ڈسٹینسنگ اور پرسنل ہائیجین کا خیال پہلے سے زیادہ رکھنے کی ضرورت ہے۔ اگر آنے والے مہینوں میں ہم کووڈ-19 کا گراف نیچے لانے میں کامیاب ہو گئے تو یہ ہم سب کے لئے ایک بڑی کامیابی ہوگی۔ ان سب باتوں کے باوجود یہ کرونا وائرس کا دور ہے اور ڈبلیو ایچ او کے مطابق ایک لمبے عرصے تک ہماری زندگیوں کا حصہ بنا رہے گا اس لئے احتیاط کو کبھی اپنی زندگیوں کا حصہ بنانا ہوگا۔ اس کے علاوہ پی ایم ڈی یو کی ہدایات پر عمل کرتے ہوئے ایس ایس جی سی آن لائن کھلی کچھریوں کا نفاذ عمل میں لارہی ہے تاکہ صارفین کو موقع دیا جاسکے کہ وہ اپنی ان شکایات کو ایس ایس جی سی تک پہنچا سکیں جو کسٹمر فیسلٹیٹیویشن سینٹر کی کووڈ-19 کے دوران کچھ عرصے کے باعث بندش کی وجہ سے تعطل کا شکار ہیں۔ ان کچھریوں کے نتیجے میں موقع پر ہی شکایات کو نوٹ کر کے متعلقہ ڈیپارٹمنٹ میں ان کے فوری حل کے لئے بھیج دیا جاتا ہے۔

شکریہ

اپنی آراء ہمیں اس پتے پر ارسال کریں

سوئی سدرن گیس کمپنی لمیٹڈ

کارپوریٹ کمیونیکیشن ڈپارٹمنٹ

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دفلیپ

سوئی سدرن گیس کمپنی کا اندرونی جریدہ



رو برو

صارفین کی شکایات کا ازالہ

