

THE FLAME

Vol. 72 - December 2013



**Sui Southern Gas
Company Limited**

The Official Magazine of SSGC

**SSGC achieves massive cost
savings through in-house
technology up-gradation**



SSGC's IT team saved over USD 1.8 million in upgrading the Company's Enterprise Resource Planning (ERP) system and over USD2 million in the up-gradation of Customer Care and Billing (CC&B). 15 modules of the Oracle eBusiness Suite were upgraded from version '11i' to version 'R12' whereas the database was upgraded from version '9i' to version '10g'. On the other hand, the CC&B's database was upgraded from '10gR2' to '11gR2' with its applications enhancing from

Oracle's version '1.5.20' to '2.3.1'.

These projects successfully materialized due to the vision of the Company's management that envisaged an investment in its people and processes rather than hiring any external expertise. The result was strong project management and implementation approach based on the best practices. Projects of such a scale, if executed with the help of external consultants, would have cost well over USD3 million.

These feats were achieved with the support of stakeholder departments and end users under the supervision of Irfan Zafar, SGM/Incharge (Operations) who was ably assisted by Rauf Aslam Butt, DGM (ERP) and Kashif Qadeer, DGM (CC&B). Kudos at the same time to the team members of ERP and CC&B for their laser focus approach that helped to save millions for the Company. ■

Group photos of ERP and CC&B teams on page 3

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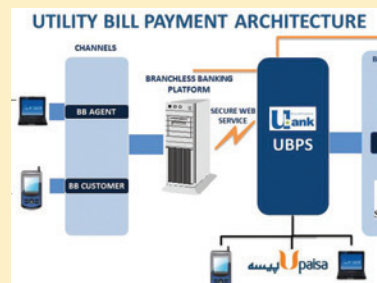
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Editor's Note

Towards the glory road

Dear readers,

The year 2013 is drawing to a close. For SSGC, it has been twelve months full of challenges. UFG again took the center stage as the primary issue faced by the Company. Our efforts to control this threat have paid dividends as during the last fiscal year UFG came down by nearly 2%. In order to control UFG, the Company's anti-gas theft task force and surveillance teams made regular raids against direct gas usage and fake meters with FIA's assistance. We are also using technology including caging of installations, leak detection devices and advanced cyber locks on the customer meter stations to stem the menace. On the other hand, the Company has continued to make inroads in its technology initiatives by investing in cost-effective solutions in Oracle, ERP and more recently digital media as an effective conduit for our stakeholders. These initiatives are meant not just to add value to internal operations but to serve the customers better. We understand that in 2014, the LNG projects will make some headway and UFG will continue its downward trend more so when the Company will intensify its rehabilitation efforts following the World Bank's funding commitments. To make it all happen, our human resource, that remains our best bet against challenges, needs to remain committed, united and focused. The road to glory will then be much easier to travel.

Ed

2014

95%

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ERP and CC&B teams behind successful implementation



Enterprise Resource Planning Team

(Sitting Left to Right): Shahid Wasi, Rauf Aslam Butt, DGM (ERP), Irfan Zafar, SGM (Operations), Asif Hanif Khan, Shafiq Khan and Faisal Aziz.

(Standing Left to Right): Asad Ahmed Siddiqui, Fakhruddin Masood, Mir Atif Younus, Faisal Ansari, Muhammad Ali Rizvi, Imran Ahmed Ansari, Abdul Nadeem, Ahmed Raza, Tahir Hussain, Syed Ahmed Hussain, Yousuf Jamal, Imran Khan Jadoon, Hassan Khan, Tabish Hussain, Mukarram Mehmood and Wajahat Ali Khan



Customer Care and Billing Team

(Sitting Left to Right): Dur-Shahwar, Kashif Qadeer, DGM (IT/CC&B), Shaista Sheikh, AGM (IT), Irfan Zafar, SGM (Operations), Muhammad Junaid, Muhammad Owais Khan, Rasheed Ahmed and Sana Rehman.

(Standing Left to Right): Shams Bhatti, Salman Ghouri, Shahid Wasi, Syed Ahmed Hussain, Syed Sana Ullah, Nisar Qureshi, Faisal Ansari, Imtiaz, Muhammad Rashid, Zubair Ahmed, Aijaz Chachar, Farrukh, Tauqeer Ahmed, Imran Aziz Khan, Umair Shaikh, Iqbal Sultan, Naveed Shamim, Khalid, Tariq Saeed and Jamil-ur-Rehman, DGM (IT).

Miftah Ismail elected Chairman SSGC

Mr. Miftah Ismail has been elected Chairman of SSGC's Board at a BoD meeting held on November 7, 2013.

Mr. Ismail is one of Pakistan's leading business leaders and economists. Presently, he is also CEO and Director at Ismail Industries Ltd., and Vice Chairman Punjab Board of Investment and Trade.

A PhD in Public Finance and Political Economy from The Wharton School, University of Pennsylvania, USA, Mr. Ismail has also been associated with International Monetary Fund (IMF) as an economist in early 1990s. He is also Member, Advisory Committee at IBA.

He is CEO and Director at Astroplastics (Pvt.) Ltd., Chairman Delmare Foods (Pvt.) Ltd. and Director Flexipack Films (Pvt.) Ltd.

In the past, he has been the visiting faculty at IBA Karachi, President of Rotary Club, General Secretary of Pakistan Table Tennis Federation and Trustee, Karachi American School. ■



BVC re-certifies HSE Management System

After a rigorous re-certification audit of SSGC's laid down HSE Management System and their implementation, Bureau Veritas Certification (BVC) has re-certified the System, as per the

requirements of ISO 14001:2004 and OHSAS 18001:2007 standards.

Good HSE practices not only enhance an organization's image but also acts as an important maintenance and preventive tool. SSGC has repeatedly demonstrated a systematic approach to HSE compliance and has taken concrete measures to eliminate those constituents that are hazardous to environment, safety and occupational health.

Earlier, in a letter to the HSE Department, BVC confirmed that it had observed five non-conformities during its Third Routine Surveillance visit of SSGC on July 26, 2013 under the scope of 'Transmission, Distribution and Sale of natural gas in Sindh and Balochistan'. BVC confirmed that non-compliance

reports had been closed after review of the corrective actions taken and documentary evidences provided. This ensured continuation of the Company's registration with BVC till the next audit. ■



Industrialists discuss gas supply issues with new Chairman

A delegation of industrialists representing SITE Association of Industry, Karachi visited SSGC Head Office to meet the new Chairman Mr. Miftah Ismail on November 20, 2013. The delegation comprised of prominent business leaders including Mr. Zubair Motiwala, Mr. Younus Bhashir and Mr. Saleem Parekh.

Mr. Ismail while chairing the meeting at the Company's boardroom welcomed the delegation on behalf of SSGC and assured them of every possible support from the gas utility. He said that the federal government fully understands the issues faced by the industry and is determined to offer appropriate solutions.

Zuhair Siddiqui, MD SSGC said that Company is well aware of the issues faced by the industrialists due to their regular interactions with them. SSGC realizes the fact that industries located in the SITE Industrial area at times suffer from low gas pressures since they are located on the tail end of the Company's distribution system, he said.

He added that the problem aggravates during peak domestic consumption and in days of unscheduled shutdown /curtailed supplies from the gas fields. Mr. Siddiqui added that to ensure improved gas pressures during the

rest of the week, the Company has to resort to a 24-hours shutdown of gas supply on Sundays and expects the industrialists to fully cooperate. However the same is not complied in letter and spirit since the Company officials receive many calls from industrial units for allowing them gas

two meters instead of one.

The MD assured the delegation that SSGC is taking every step for improving gas supplies and is in the process of laying a new distribution line for the SITE area which will address the low pressure issues.



Industrialists presenting the bouquet to the new chairman

supply on Sundays to meet export orders, the MD said. He further added that in the best national interest, the Company has to accommodate such requests.

Mr. Zubair Motiwala presented few proposals for SSGC's consideration including the revision of gas shutdown schedule for CNG stations, equitable distribution to all industrial sectors, gas conservation surveys by the consultants and consideration of amnesty by having

The Chairman said that SSGC would meet all other stakeholders to settle issues amicably.

On the occasion, the delegation presented a bouquet to the new Chairman.

Apart from the MD, SSGC's management was represented by DMD (CS) Yusuf J. Ansari, CFO Abdul Malik, SGM (Transmission), Shoaib Warsi and SGM (Distribution-South) Aminullah Khan. ■

Indian periodical interviews MD

Ms. Latha Jishnu, senior editor of *Down to Earth*, a fortnightly Indian publication visited SSGC Head Office Karachi on November 25, 2013. Ms. Jishnu was covering a story on South Asian energy situation and the overall regional energy crisis. The high point of her visit to SSGC was an interview with Zuhair Siddiqui, MD, SSGC for the said story.

The visit concluded with a souvenir presented to the lady editor by the CCD team. Ms. Jishnu was highly impressed by SSGC's operations as a whole and CCD's contribution in particular as it pertained to her field. Her visit was facilitated by Head of Business Desk, GEO, Mr. Haris Zamir. ■



Ms. Jishnu interviewing the MD; being presented with a copy of *The Flame* by CCD Team



Miscreants caught using heavy quantum of gas

SSGC's Task Force belonging to Customer Relations Department (CRD) disconnected more than 900 illegal gas connections in Landhi and Korangi areas of Karachi on November 27, 2013. The owners of households were using gas illegally through rubber pipes. Summarily, the Task Force removed all illegal connections.

The quantum of gas used through this illegal arrangement was more than 50,796 million cubic feet, amounting to Rs. 8.1 million per annum.

The Task Force undertook this raid on a lead from a reliable source regarding illegal consumption of gas connections in K-51 area of Korangi. On the same day another raid was conducted in Khaskheli Muhalla of Rehri Goth in Landhi area. Both the raids were supervised by SSGC's Nawab Ali Shah, DM (Task Force) CRD.

During the operation, a number of residents including women gathered on the spot and tried to resist the disconnection process. The SSGC officials advised them to get gas facility through proper channel by applying for gas connection as per the procedure. He assured them that SSGC's concerned department



would facilitate them in providing gas facility according to the rules and regulations.

In October, on a tip off from a reliable source about an incident of blatant gas theft, the CRD Task Force team raided Dawood Wachani Goth located in Sector 14/c in Baldia Town Karachi.

The area is faced with an uncertain law and order situation. The team

cracked down on October 10, 2013 and disconnected about 1,400 domestic illegal/direct use of gas connections, to save UFG.

Earlier on October 27, on yet another tip off, Mr. Shah and his team undertook a raid against direct gas use in Korangi K-51 and Khaskheli Muhallah near Rehri Goth Landhi. The team removed about 900 illegal connections. ■



S&M cracks down on habitual offenders



To arrest the rising tide of UFG, SSGC has intensified its efforts against the menace of gas theft, one of the main causes of Unaccounted-for-Gas (UFG). S&M and CRD Departments have stepped up their efforts by undertaking planned raids in the franchise areas of Sindh and Balochistan. Significantly enough, FIRs have been lodged against the culprits involved in gas theft.

The S&M department in coordination with CRD, DSM, Security Services and FIA teams raided two popular Sajji houses in Karachi which were found using gas illegally through fake meter and direct use of gas.

On November 4, 2013, on a tip off,

S&M Department came to know that Mehran Sajji House located on University Road was using gas illegally through fake meter. Subsequently, a raid was carried out by S&M with full support of the above mentioned teams on November 5, 2013. The fake meter was summarily removed by the CRD and gas supply was disconnected by DSM teams on the spot. The restaurant manager was held by the FIA team for further investigation and FIR was subsequently lodged.

This Sajji house has been raided twice in the past. Theft cases were subsequently processed through Claims Assessment Committee and claim to Rs. 3.9 million was lodged against the customer which is still

pending for acknowledgement. Apart from the outstanding gas theft claim, the customer has an outstanding gas bill amounting to Rs. 460, 019.

Shoro Sajji House located in North Karachi was raided on November 6, 2013. The raid was spearheaded by DGM (S&M) Lt. Col. (R) Shoaib Ahmed with respective support from CRD, S&M, DSM, Security and FIA teams. It was found that the customer had obtained a direct connection through G.I. pipe from common houseline extended to its premises for illegal use of gas. The direct G.I. pipe connection was removed and service line was killed by CRD and DSM teams. The FIA officials arrested the concerned manager of the food outlet for further interrogation. ■

Quetta's Maintenance Team continues gas leak surveys

Underground gas leak points were detected at several locations in Quetta. The points were identified by the Cantonment Zone's Maintenance team during their survey undertaken on 4th, 5th, 6th and 11th of November 2013. The team detected leakage on 2" dia distribution pipelines during the leak survey in Killi Ismail and Killi Sumalabad. An underground leak point was also detected in 1" dia pipeline in Killi Sumalabad.

The surveys were undertaken as part of the Company's drive to stem UFG. The Maintenance team did not just identify the underground leak points but also removed the rubber pipes and plugged and welded the Tee. ■

Courtesy: Liaquat Ali, DCE/Incharge Cantonment Zone, Quetta



Balochistan visit: GM (T) inspects ongoing projects

Mansoor Ahmed, General Manager (Transmission) recently visited Balochistan region to inspect a number of ongoing projects as well as different sections of HQ Quetta. The visits were undertaken on September 2 and 3, 2013.

On September 2, GM (T) was accompanied by Muhammad Altaf, DCE (Operations)/ Incharge HQ Quetta and Ghulam Ali Mahir, DCE (P&C)/In-charge Spread Camp. Mr. Ahmed visited 18" dia MVA on the site of the Airport Road, Habibullah Coastal Power's CMS as well as routes from Hanna Urak to ZS-O1 via Spin Lake, Margate, Marwar and Karkan village. At Zarghun Gas field conference room, GM (T) held a meeting with Ali Hassan Jamali, Field Incharge and his team members to discuss gas field activities.



Incharge HQ Quetta taking GM (T) on a guided tour of 18 MVA Airport Road

The following day, GM (T) visited HQ Quetta where Mr. Altaf in his capacity as the In-charge of the facility briefed him about HQ Quetta and transmission network including office block, garage, gas condensate collection pit area, pipe yard, archers, MPL installation of HQ Quetta section and employees club.

Later while registering his views on the comments book, GM (T) wrote that he was delighted to see the good housekeeping and maintenance of the overhead section of HQ and appreciated the efforts of Mr. Altaf and his team in this regard. ■



GM (T) and Quetta Team visiting Zarghun gas field



GM (T) meeting Ali Hassan Jamali, Incharge Zarghun field

New CP Station installed at Jati



The gas supply main and pipeline distribution network of Jati city at Thatta zone has been extended. For the cathodic protection of lines, Thermoelectric

Generator have been installed near TBS Jati.

Sikandar Ali Samo, Senior Engineer (CP) accompanied with Naik



Muhammad Shaikh, DCE/In-charge (CP) and Noor Nabi Soomro, AE (CP) checked and monitored the new station as part of the commissioning procedure. ■

Dig-it 2.0: Exploring opportunities in Digital Media

Karachi played host to Dig-it 2.0 conference which was organized by Pakistan Advertisers Society. A two-day event was held at Marriott Hotel on October 30-31, 2013. Learned speakers from Denmark, Turkey, Saudi Arabia, UAE and Singapore and local subject matter experts shared case studies, cutting-edge ideas and research studies with over 200 Pakistani marketing, digital media and advertising professionals. Executives from Team CCD namely Uzair Khan (Dy. Manager), Danish Jawed (Asst. Manager) and Nauman Saeed (Asst. Manager) attended the conference as delegates.

The entire conference revolved around the agenda of how the world is moving towards digital communications and virtually reaching out to the consumers. SSGC's team participated enthusiastically catching the eye of many gurus of the industry. They shared their own experiences of digital and social media and discussed with the speakers and other delegates how various techniques can be used to enhance their service more effectively, benefitting stakeholders as a whole.

The topics dilated on during the two day conference centered around the marketers perspective in terms of changing mindset, mobile for digital



CCD team members listening attentively to the proceedings as a foreign speaker gives important pointers



communications, using brand advocates in social media and the

concept of e-retail marketing and strategies. ■



SSGC delegates made their presence felt by asking relevant questions about digital media

Customer service through social media

Since the inception of SSGC's presence on social media, the last six months have seen vivid changes in the Company's communication strategy for reaching out to its customers across Sindh and Balochistan. As the Digital base grows with time, the rate of interaction of users has also increased resulting in better engagement and reach. Insights show that 55% users of our Facebook page are from Sindh and 10% are from Balochistan.

These 'friends' have found a new avenue for interaction by not just commenting on positive aspects of SSGC's operations but also reporting illegal usage of gas supplies through Facebook and Twitter Accounts which are managed by CCD's digital team.



The complaints follow a consistent pattern of communication and reporting flow. The digital team member, managing the page (as admin) consults CM (Media Relations) on every single complaint

and at the same time forwards them to the concerned department for a timely response. Once the issue is resolved, a follow-up is made to confirm the resolution. ■

New tools, quick service - Live examples of support through Facebook and Twitter

To cite an example, a follower of our official Twitter page recently posted an incident of blatant gas theft in Jacobabad. His complaint was summarily forwarded to Regional Office Hyderabad.

On immediate basis, the emergency and response team raided the affected area and removed the illegal gas connection in the premises. The compliance/action report was generated instantly and the user was notified.

On the other hand, various complaints and queries also come up on Facebook. SSGC has an excellent reputation for prompt service delivery on ground. However, there are a lot of customer queries which are fairly general or specific in some cases in nature. A billing issue example is given in the image on this page in which a customer's billing complaint was resolved through Facebook with valuable coordination from billing department. ■

Contributed by: Danish Javed and Nauman Saeed Khan, AMs (CCD)

Direct messages >

13 Nov

Jacobabad mein sare-aam gas ki chori ho rahi hai. 1199 se contact nahi hora hai... ptcl band hai.

13 Nov

Thank you for reporting. Barai meherbani apna customer #, mobile #, chori zada elaqa ya ghar ka pata ya hosake to picture faraham karein

SSGC

13 Nov

Apka naam raaz mein rakha jaye ga

SSGC

facebook

Rahail Siddiqui

The billing error that could not be rectified over 2 months by SSGC's Facilitation Center visit or through call center inquiry has been resolved through Facebook by the digital media team of ssgc. Much appreciated. You guys set a high standard.

Like · Comment · November 4 at 3:55pm

Write a comment...

SSGC

Sui Southern Gas Company Ltd. - SSGC Thank you for the kind words. Sorry for inconvenience.

Like · Reply · November 5 at 1:01pm

Aamir Shaikh

SSGC service with smile 😊

Unlike · Reply · 1 · November 4 at 5:58pm via mobile

10

DECEMBER 2013

e-Payments through Upaisa

SSGC teams up with U Microfinance Bank

SSGC and U Microfinance Bank Limited have recently signed a facilitation agreement that will enable the gas utility's customers to make online payments at thousands of Upaisa payment points

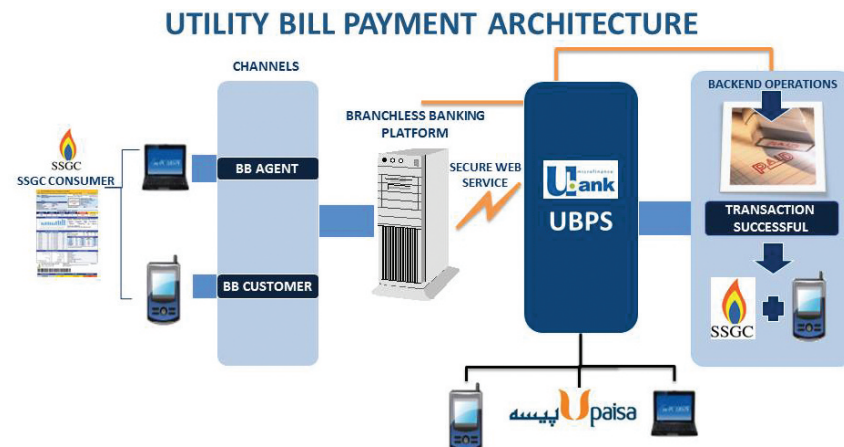
(powered by Ufone) across Pakistan. This latest collaboration in branchless banking with U Microfinance Bank, which is the first by any public utility in Pakistan, will add a new dimension for SSGC customers in terms of

24/7 bill payment solution.

Zuhair Siddiqui, MD, SSGC reiterated that this initiative is a part of the Company's technology road map implementation that aims to make the entire system cost effective, efficient and customer-centric.

Commenting on the agreement, Arif Sirhindi, President and CEO U Microfinance Bank said that this accord is a major milestone in implementing U Microfinance bank vision of serving the unbanked and under-banked customers.

Value Added Service's Mazhar Usman (ACM) and Tayyaba Manzir (DM) played key role in this project. ■



Bio-degradable bags distributed in Quetta stores

In September 2013, through a pioneering move, SSGC launched environmental friendly paper bags, ideal for groceries. The bags were distributed in many mega stores in Karachi including Agha's, Mottas, Naheed, Time Medicos and Farid, free of cost.

A month later, CCD sent a consignment of 9,500 paper bags to Regional Office where the HSEQA Department officials distributed the bags to more than 32 stores in Quetta for public consumption. A very encouraging response of the public was noticed.

It must be mentioned here that SSGC has printed various public service messages in Urdu and English separately on each side of these bags. These messages reiterate necessary measures to be taken in ensuring safe use of gas appliances especially using gas heaters during winter season and severe legal consequences of meter tampering and gas theft. ■



Shopkeepers utilizing bio-degradable bags for packing grocery items

DGM (HR) on Entrepreneurship



Shahbaz Islam

Shahbaz Islam, DGM (HR) gave a stimulating talk on 'Entrepreneurship: Training your passion into profits' as one

of the leading speakers at TRG LearnFest 2013 held at Pakistan Institute of Management, Karachi on October 31, 2013.

The day long learning festival centered around the theme of 'Lifelong Learning'. ■

ITM head conducts workshop on PPRA rules at SSGC

The HR Department recently organized a one day workshop on "Understanding Public Procurement Rules 2004". This workshop was conducted by Dr. Irfan Ahmad, Principal, Institute of Tender Management (ITM), Lahore at the Head office auditorium on November 5, 2013.

The training which was of immense benefit for SSGC executives focused on making the procurement process efficient, transparent and free from discrepancies. Problems related to

the application of PPRA rules and their solutions were also highlighted by the trainer. The workshop identified common mistakes committed by the procuring agencies and stressed on the need for adopting Standard Operating Procedures (SoP) to avoid those mistakes. The participants included executives of various departments including Internal Audit, M&IM, Finance, Accounts, Admin Services, CCD and HR.

The trainer has an experience of

conducting around 97 sessions on the subject benefitting more than 600 government and corporate organizations including PAF, PIA, PSO, NADRA and TCP. He is also the Procurement Consultant for World Bank and Balochistan Copper and Gold Project.

Ali Akbar, Manager (HR) and Raheela Naseem, Manager (ITM) coordinated on behalf of their respective organizations in arranging this informative and beneficial session. ■



Trainer Dr. Irfan Ahmed (forth from left) with the participants of the workshop

Dos and Don'ts of Public Speaking underscored

Public Speaking is considered as among the life's worst fears. People suffer from stage fright which can only be overcome with preparation, practice and addressing an audience in real-life settings.

This was the premise of a two-day workshop on "Presentation Skills" arranged by GTI in Regional Office, Sukkur on November 20-21, 2013. The workshop was conducted by Syed Imran Ahmed, DCM (CCD) and a subject matter expert. Executives and engineers based in Sukkur and Company offices in the vicinity enthusiastically attended the sessions.

The workshop focused on practical exercises including an effective opening and closing speeches, speech delivery and elements that can help to engage the audience throughout the presentation. Each of the participants volunteered to come in front of their colleagues and give either an extempore presentation or a power point presentation on the Company's operations. The trainer as well as the other participants observed the strong points but more importantly judged the grey areas. In order to



improve on the grey areas, the trainer again invited the participants for another presentation to see how they can improve it second time round. A marked improvement was seen in most participants when they were called for the encore. It was good to see that most of the participants showed little stage fright and in fact many used flip charts to explain their points of view.

All the participants thanked the trainer for giving them an opportunity to speak in front of the other participants and hoped that it will be

a first step in making them good presenters, which in turn will help them in becoming more confident managers. Aziz-ur-Rehman Abro, Regional Manager, Sukkur distributed certificates to the participants and thanked the trainer for giving the participants some healthy tips on overcoming stage fright.

On November 8, 2013, Mr. Ahmed conducted a similar workshop at GTI Hyderabad which was attended by executives and engineers from Interior Sindh. ■



MD secretaries attend workshop in Dubai

The MD Office secretaries recently attended a certification course workshop in Dubai, entitled 'ILM Advanced Course'. The course, that was conducted by Ms. Jacqueline Klauer, was meant exclusively for secretaries and personal assistants (PAs) and was held from October 27-31, 2013.

The course covered the advanced tools and techniques essential for the Managers/Administrative Assistants. Ms. Asma Butt, Ms. Magdelene D' Souza and Ms. Shabana Wasim represented SSGC at the workshop. ■



GTI conducts workshop on pipeline integrity



Workshop participants with RM Sukkur Aziz-ur-Rehman Abro and trainer Naik Sheikh; (below) glimpses from the training

A workshop was held on "Corrosion and Cathodic Protection" to provide knowledge to all executives and engineers involved in the operation and maintenance of pipeline. The workshop was conducted from November 4 - 6, 2013 at Regional Office, Sukkur by Naik Muhammad

Shaikh, DCE - (CP).

Mr. Sheikh, who is a regular subject matter expert at GTI briefed the participants through practical demonstrations about the Cathodic Protection system and measures that can be taken to prevent pipelines from corrosion.

Aziz-ur- Rehman Abro, Regional Manager Sukkur distributed certificates among the participants and informed them that corrosion leads to gas leakage from above and underground pipelines. In this regard, cathodic serves as the backbone for pipeline maintenance, he reiterated. ■



World Diabetes Day Program – A huge success Hyderabad employees zealously participated in the activities

The World Diabetes Day is celebrated every year on November 14 by the International Diabetes Federation (IDF). IDF along with the World Health Organization has been celebrating the Diabetes Day since 1991, in response to growing concerns about the escalating health threat that diabetes now poses.

Keeping in view the 2013's Diabetes Day theme 'Diabetes - Protect our Future', a symposium to create awareness on diabetes prevention and education was arranged at the Hyderabad Medical Centre on November 13, 2013.

Dr. Mairaj Nizami, Diabetologist gave a presentation regarding prevention, treatment and complications arising from diabetes. Same information was also conveyed through panaflex standees, posters and literature given



RO Hyderabad Medical Centre's team of doctors and executives

to the participants. The symposium ended with an interactive question and answer session.

Free screening camps for blood cholesterol/blood sugar and monofilament testing of diabetic patients as well as neuropathy were

also arranged for the patients' benefit. In the end, a documentary was screened that showed diabetic patients sharing their experiences and how they managed to have a healthy lifestyle despite complications arising due to uncontrolled diabetes. ■



Glimpses from the activities taking place during the World Diabetes Day events

United against diabetes – SSGC partners with Aga Khan



On the occasion of the World Diabetes Day on November, 14th, the Aga Khan Family Health Centre in collaboration with SSGC held an awareness program at the Aga Khan Family Health Center in Rawalpindi. The SSGC

team included Tanveer Ahmed Soomro (Acting CM), Dr. Mumtaz Shar (Up- Country Medical Incharge), Dr. Riffat Jaweed Memon (LMO) and Arif Qureshi. The representatives from the Aga Khan Centre included Dr. Shehla (Senior RMO/Unit incharge) and Ms. Samina (LHV).

The event comprised of 3 sessions in which various patients were given awareness regarding hypertension, diabetes as a whole dyslipidemia. The SSGC doctors also advised the patients on the need for regular checkups and pre-cautionary



measures. The FHC Rawalpindi staff was very thankful to SSGC for making this event a successful one and praised the efforts of the Company management and doctors for creating awareness about different medical conditions. ■

Dangers of obesity highlighted

An awareness session on health risks related to obesity was organized by the Medical Services Department on November 20, 2013 at Head Office SSGC. The session focused on the serious nature of obesity in our society and how various diseases and health issues are caused by it. The session

also created awareness on how to tackle problems of obesity and how an individual can make a healthy difference to his life through small yet fruitful measures.

The speakers and the organizing team included Dr. Sami (group leader), Dr. Huma Imran, Dr.

Shumaila, Dr. Sheeba Ansari, Dr. Anjum Qureshi and Dr. Khursheed.

The event ended with an interactive quiz in which audience was asked questions based on the presentations given during the session followed by a prize distribution ceremony. ■



Diagnosis of Hepatitis is not a stigma: EPP



Sports complex. This was the second program of the series; the first took place at head office. The purpose of such programs is to make patients gain expert knowledge of their own disease, so that they make actively participate in managing it.

Dr. Farhat Khursheed, Medical Department (KT) was the speaker. She gave a comprehensive presentation on the topic including the pathophysiology of the disease, sign and symptoms, treatment and complications. Her talk was followed by a Q&A session. The program concluded with a take home



An expert patients' program (EPP), on Hepatitis, was held on November 27, 2013 at KT

message that "Diagnosis of Hepatitis is not a stigma, it is curable and preventable". ■



Healthy lifestyle prevents diabetes: EPP informs

An EPP on Diabetes Mellitus was held in Medical Services Department, HO on October 23, 2013. The detailed presentation was given by Dr. Raza Merchant, Family Physician, Medical Services Department.

He explained the mechanism which leads to Diabetes and also explained risk factors associated including sedentary lifestyle, lack of exercise, and family history. The learned doctor



Dr. Munawar Hyat, DGM (MS)

advised the participants to adopt healthy lifestyle in order to avoid high blood pressure and consequently severe heart ailments.

Dr. Munawar Hyat, DGM (Medical Services) conducted a Q&A session and shared very informative facts and figures about diabetes with the audience. A quiz was also included in the programme in which gifts were presented to those who answered correctly. ■



Dr. Raza Merchant answering the audience's queries at the EPP



SSGC Veterans clinch exciting win over KG Veterans

Waseem Yasin (Billing) pulled off a thrilling 4-wicket win for SSGC Veterans Cricket Club against Karachi Gymkhana (KG) veterans in a friendly fixture held at KG ground on November 16, 2013.

Waseem and Saeed Ahmed (Legal) scampered a double on the last ball of the innings to ensure a nail-biting finish for SSGC, while chasing 155 in 22 overs for victory. Openers Sohail Mughal (Billing), who hammered a quick 75 slamming 8 fours and a six off 56 balls and Irfanullah (CRD), who cracked 3 boundaries during his 18-ball 26, got SSGC off to a flying start.

Earlier, batting first Karachi Gymkhana Veterans were restricted to 154 for 4 due to accurate line and length of SSGC bowlers. Ashar Ghafoor (Admin.) (1-19), Iftikhar Sani (Services) (1-26), Asif Ansari (HR) (1-25), and Azam Sherwani (CRD) (1-40) were among the wicket takers.



Sohail Jaleel (CRD) and Lt. Col. (R) Shoaib Ahmed (S&M) also featured in the match and made their presence felt.

It must be mentioned here that for the very first time SSGC Veterans are also participating in the on-going Premier Grade-I Cricket Tournament being organized by Sindh Seniors Veterans Cricket and Welfare

Association (Affiliated with Pakistan Veterans Cricket Association). Prominent cricketers of Pakistan are representing their teams including PPL, CDC, Moin Khan's Club, Airport Gymkhana and Omar Associates. ■

Courtesy: Asif Ansari, DGM (HR-E&D)/ Captain SSGC Veterans Cricket Club

SSGC officials at a local conference



Miftah Ismail, Chairman, SSGC with the Company's senior executives and engineers including Mustafa Abdulla, SGM (Distribution-North), Saleem Mangi, DGM (CP) and Abdul Rasheed Khanzada, RM (Hyderabad) at the Asset Integrity Management Summit organized by SGS in November 2013.

Discussions with stakeholders



Major Mohammad Akhtar (R), SGM - Coordination chairing a meeting of CNG station owners to discuss consumption issues in November 2013.

ERP Team celebrates SSGC-LPG Oracle implementation



Teams from Oracle ERP and SSGC-LPG (Pvt) Ltd. celebrated the in-house implementation of Oracle Applications in November, 2013 at the Committee Room in the Head Office. They were joined at the hi-tea by Zuhair Siddiqui, MD, SSGC, Irfan Zafar, SGM/Incharge Operations, Shaista Sheikh, AGM (IT) and Sohail Ahmed Qureshi, MD, SSGC-LPG. Mr. Siddiqui appreciated the efforts of SGM (Operations) and Rauf Aslam Butt, DGM (ERP) and his team for implementation of Financial, Supply Chain and HRMS suites.



Media Interaction



Aminullah Khan, SGM (D-South) talking to a correspondent from Metro TV about gas distribution plan for the winter season in November 2013.

Inspection of LPG Plant



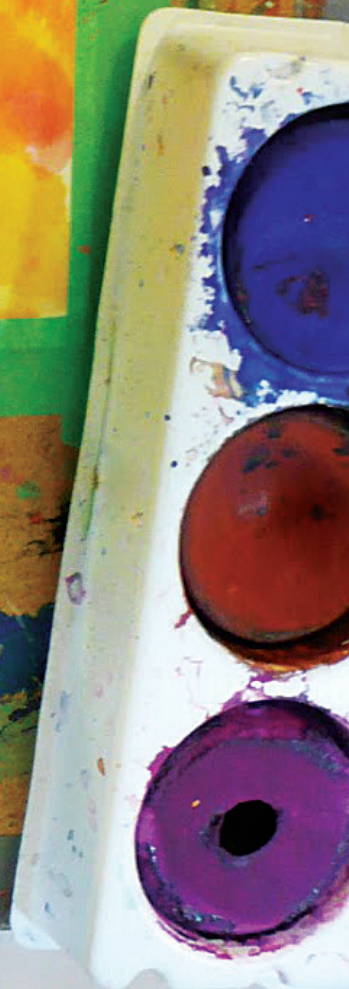
Aminullah Khan, SGM-D (South) inspected Noshki LPG Air-Mix Plant on November 18, 2013. He was accompanied by Sohail Khan, DGM (LPG), Habib Ahmed Sheikh, Engineer (UFG) and other officials.

EPP on Hypertension



An EPP on Hypertension, organized by the Medical Services Department was held on November 28, 2013. The presentation was given by Dr. Erum Saghir, who was accompanied by panel members Dr. Tariq, Dr. Ameer and Dr. Adnan. Dr. Erum dilated on prevention and management of blood pressure and its treatment.

CANVAS



Global Energy Roundup

Alaskan oil and gas future remains uncertain:

According to Global Data, the future of Alaska's oil and gas fiscal terms remains uncertain, as a referendum heads for a tight vote next year. The referendum seeking to repeal a new bill, which imposes a flat 35% production tax rate, will be held in 2014. The latest report shows that Alaska has made several changes to the fiscal terms governing its upstream oil and gas operations over the last 10 years, largely through amendments to the production tax and the introduction of a large range of tax credits, resulting in an unstable regime over the decade.

Promote exploration to boost growth, Alaska's new production tax, as laid out in Senate Bill 21 (SB 21), seeks to reduce the tax burden on larger oil and gas operations in the hope that this will promote exploration and development activity in the region, consequently boosting its economic growth and employment. However, opposition to the tax change comes from those who believe it will significantly affect state finances, by reducing the tax take, and low-margin oil and gas producers in the state for whom the tax burden will increase.

Energy pipelines add billions to Canada's economy:

A new study released by the Canadian Energy Pipeline Association (CEPA) shows that the economic benefits of transmission pipelines add billions to the Canadian economy annually. The study, the first of its kind in Canada, entitled 'The Economic Impacts from Operations of Canada's Energy Pipelines', was prepared by Angevine Economic Consulting Ltd. The study details the economic impact that crude oil, natural gas liquids, and natural gas transmission

lines contribute to the Canadian economy. According to the report, the industry is expected to add US\$ 130 billion to Canada's gross domestic product over the next 30 years based on current operations. This does not include that the transmission pipeline industry could add to the Canadian economy, if some of the major pipeline projects currently being planned were to become operational.

EU sees ideal conditions for Trans-Caspian pipeline:

A Senior European Union diplomat in Turkmenistan announced this week that current conditions are ideal for the construction of a natural gas pipeline across the Caspian sea. The Trans-Caspian pipeline, which is expected to transport approximately 30 billion m³/year of natural gas, was first suggested by the US in 1996. Denis Daniilidis, who

currently leads the EU mission in the Central Asian country, said negotiations are ongoing to draw up an agreement on the construction of the pipeline. Daniilidis said that he believed the Trans-Caspian pipeline could be completed before full implementation of the EU driven southern gas corridor, a project to create the infrastructure needed to transport gas to Europe from Caspian and Middle Eastern sources.

Whilst the Russian Natural Resources Ministry proclaimed that any gas or oil pipeline across the floor of the Caspian Sea would be environmentally unacceptable, Daniilidis said that the EU, Turkmenistan and Azerbaijan have drawn up an agreement to be signed later this year to ensure that the pipeline would adhere to the highest environmental standards. ■



Health benefits of Cayenne Pepper

Natural ingredients have always been the solution for mankind since centuries; even today traditional medicine plays a vital role in our lives. Cayenne Pepper also known as the Guinea spice, cow-horn pepper, aleva, bird pepper, or, especially in its powdered form, red pepper-is a hot chili pepper used to flavor dishes. It remains green on the plant even when mature, once picked may or may not turn red which is when it is

normally eaten, but also eaten while still green. It is a cultivar of *Capsicum annum* related to bell peppers, jalapeños, paprika and others. The *Capsicum* genus is in the nightshade family (*Solanaceae*). The fruits are generally dried and ground, or pulped and baked into cakes, which are then ground and sifted to make the powdered spice of the same name.

Cayenne is used in cooking spicy

dishes, as a powder or in its whole form (such as in Korean, Sichuan and other Asian cuisine), or in a thin, vinegar-based sauce.

It is generally rated at 30,000 to 50,000 Scoville units. It is also used as an herbal supplement, and was mentioned by Nicholas Culpeper in his *Complete Herbal*, 1653, as "guinea pepper", a misnomer for "guiana pepper".



What can Cayenne Pepper do!

- It rebuilds the tissue in the stomach and peristaltic action in the intestines.
- It boosts circulation and increases heart action.
- It restores stamina and enhances cardiovascular performance.
- It helps in the cases of arthritis and low back pain.



Academic achievements – Employees' children



Aftab Ali
S/o Abid Khan Lashari
(Superintendent
Office HQ
Nawabshah) passed
his HSC-II annual
examination 2013,
achieving A-1 grade
by securing 80%
marks from Board of
Intermediate
Secondary Education
Hyderabad Sindh.



**Mohammad Umar
Memon** S/o
Mohammad Ismail
Memon (Assistant
Manager, Recovery
Department Zonal
Office Badin) secured
1st position in his
final exams scoring
98% marks from
OPF Public School
Badin.



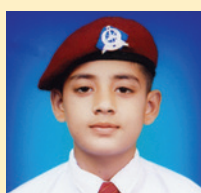
Nargis Ali
D/o Yar Ali
(Measurement
Department Sukkur)
scored 366 marks in
her SSC-1
Examinations 2013
from Board of
Intermediate and
Secondary Education
Sukkur.



**Mohammad Danish
Khan** from
(Finance Department
Bid Bond Section)
completed his
MBA program
from KASBIT
University in
November 2013.



Nimra Abbas
D/o Ghulam Abbas
secured A-1 grade
in her Class 2
final examinations
acquiring 83% marks
from ADM English
Secondary
School, Karachi.



Danyal Azhar
S/o Azhar Ali
Chachar (Deputy
Manager Sales
Regional Office
Sukkur) secured
75.21% marks
acquiring A grade in
his first term
examinations of
Class VIII from Cadet
College Ghotki.



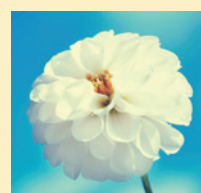
Kanwan D/o Abdul
Wahid Khoso
(Senior Engineer
Regional Office
Sukkur) secured 2nd
position acquiring A
grade in her class VIII
final examinations
2013 from Oxford
Grammar High
school, Sukkur.



Muskaan
D/o Kishore Kumar
(Recovery Dept.
Larkana) secured 1st
position acquiring
96% marks in her
class 5 annual
examinations 2013
from Iqra College,
Larkana.



Tunjeena Soomro
D/o Rafique Ahmed
(Larkana Office)
secured 96.63%
marks in her class III
midterm exams
acquiring A-1 grade
from Quaid-e-Awam
Public School,
Larkana.



Yumna Musaddiq
D/o Mussadiq
Sarfranz (Senior
Electrician KT)
secured 83% marks
from University of
Karachi's Psychology
Department MSc
Program semester
examination 2012.

Superannuations – Executives

Name	Designation	Department	Location	Retirement Date
Habib-ur-Rehman Khattak	DGM	Distribution	Quetta	01-08-13
Farid Ahmed Siddiqui	CM	Distribution Karachi West	SITE Office	30-10-13
Tufail Ahmed Khan	CM	M&IM	Head Office	15-11-13

Period Covered: Till November 15, 2013

Courtesy: HR Department

Transitions

- Khalid Ahmed Memon, DM (Sales) Pir Jo Goth - November 29, 2013
- Zamir Hussain, DCM (Billing) Sukkur (who tragically passed away in a road accident) - November 19, 2013
- Father of Dr. Qurat-ul-Ain (SMO Medical Services) - November 26, 2013
- Son of Muhammad Nasir (Meter Reader Lyari Zone) - November 26, 2013
- Jameel A. Qureshi, former GM (M&IM) - November 11, 2013

May their souls rest in peace. Ameen.

سوئی سدرن گیس کمپنی کو ٹیکنالوجی اپ گریڈ کرنے سے لاگت میں عظیم الشان بچت

سوئی سدرن گیس کمپنی کا اندرونی جریڈہ



یہ کامیابیاں اسٹیک ہولڈرز ڈیپارٹمنٹس اور عرفان ظفر سینئر جنرل منیجر/ انچارج (آپریٹنگ) کی زیر نگرانی حتمی صارفین کی مدد سے حاصل ہوئیں جنہیں رؤف اسلم بٹ ڈپٹی جنرل منیجر (انٹرپرائز ریسورس پلاننگ) اور کاشف قدیر ڈپٹی جنرل منیجر (کسٹمر کیئر اور بلنگ) کی باصلاحیت معاونت بھی حاصل تھی۔ اسی کے ساتھ ای آر پی اور سی سی اینڈ بی کی ٹیموں کو بھی مبارک باد جنہوں نے اپنی گہری نظر اور توجہ کے باعث کمپنی کو لاکھوں ڈالرز بچانے میں مدد دی۔

پرتقی دی گئی۔
یہ منصوبہ کامیابی سے پایہ تکمیل کو پہنچے، جس کی بڑی وجہ کمپنی مینجمنٹ کا یہ نقطہ نظر ہے کہ باہر سے ماہرین کی خدمات لینے کی بجائے اپنے لوگوں پر سرمایہ کاری کی جائے۔ جس کے نتیجے میں اس منصوبے کی تکمیل کیلئے مضبوط مینجمنٹ سامنے آئی جس کی بنیاد بہترین ضابطہ عمل پر تھی۔ اتنے بڑے منصوبے اگر بیرونی کنسلٹنٹ کی مدد سے مکمل کئے جاتے تو اس کی لاگت 3 ملین امریکی ڈالرز سے زیادہ ہوتی۔

سوئی سدرن گیس کمپنی کی آئی ٹی ٹیم نے کمپنی کے انٹرپرائز ریسورس پلاننگ (ای آر پی) سسٹم کو بہتر بناتے ہوئے 1.8 ملین امریکی ڈالر جبکہ کسٹمر کیئر اور بلنگ (سی سی اینڈ بی) سسٹم کو بہتر بناتے ہوئے 2 ملین امریکی ڈالرز سے زیادہ کی بچت کی ہے۔ اور ٹیکل ای بزنس سویٹ کے 15 ماڈیولز کو 11i سے R12، جبکہ ڈیٹا بیس کو 9i سے 10g پرتقی دی گئی ہے۔ دوسری جانب سی سی اینڈ بی کا ڈیٹا بیس 10gR2 سے 11gR2 پر اپ گریڈ کیا گیا جبکہ اس کی اپیلیکیشنز کو اوریکل 1.5.20 سے 2.3.1

ایس اینڈ ایم کی گیس کے براہ راست استعمال میں مصروف دو مشہور نوڈ آؤٹ لیٹس کے خلاف کارروائی

بھی واجب الادا ہیں۔

6 نومبر 2013 کو ناتھ کراچی میں واقع شورہ جی ہاؤس میں چھاپہ مارا گیا۔ اس چھاپے کی سربراہی ڈپٹی جنرل میجر (ایس اینڈ ایم) نے کی جبکہ سی آر ڈی، ڈی ایس ایم، سیکورٹی سروسز اور ایف آئی اے ٹیمیں کینیٹی کی چھاپہ مارٹیم کے ہمراہ تھیں۔ معلوم ہوا تھا کہ کسٹمر نے عام گھریلو لائن سے جی آئی پائپ کے ذریعے براہ راست کنکشن لیا ہوا تھا اور غیر قانونی طور پر گیس استعمال کر رہا تھا۔ براہ راست جی آئی کنکشن کو پنا کرسی آر ڈی اور ڈی ایس ایم ٹیموں نے سروس لائن کو فوری طور پر بند کر دیا۔ ایف آئی اے کا کام نے جی ہاؤس کے متعلقہ منیجر کو مزید تفتیش کیلئے حراست میں لے لیا۔ ■

4 نومبر 2013 کو ایس اینڈ ایم ڈپارٹمنٹ کو ملنے والی ایک اطلاع پر معلوم ہوا کہ کراچی میں یونیورسٹی روڈ پر قائم مہراں جی ہاؤس جعلی میٹر کے ذریعے غیر قانونی طور پر گیس استعمال کر رہا تھا۔ ایس اینڈ ایم ڈپارٹمنٹ نے مذکورہ بالا ٹیموں کے ہمراہ 5 نومبر 2013 کو اس جی ہاؤس پر چھاپہ مارا۔ سی آر ڈی ڈپارٹمنٹ نے جعلی میٹر فوری طور پر ہٹا دیا جبکہ ڈی ایس ایم ٹیم نے غیر قانونی کنکشن کاٹ دیا۔ ریسٹورنٹ کے میجر کو ایف آئی اے ٹیم نے مزید تفتیش کے لئے اپنی تحویل میں لے لیا جبکہ فوری طور پر متعلقہ ریسٹورنٹ کچھاف ایف آئی آر بھی درج کروادی گئی۔

ماضی میں بھی اس جی ہاؤس پر دو مرتبہ چھاپہ مارا گیا تھا جبکہ کلیم اسسٹنٹ کمیٹی نے تحقیقات کے بعد مذکورہ بالا کسٹمر کے خلاف 3.9 ملین روپے کی وصولی کا دعویٰ کیا تھا جو حال زیر التوا ہے۔ گیس چوری کے ان کیسز کے علاوہ مذکورہ کسٹمر کے ذمہ گیس بل کی مد میں 460,019 روپے

گیس چوری اور زیاں کے بڑھتے ہوئے طوفان کو روکنے کے سلسلے میں سوئی سدرن گیس کمپنی نے گیس چوری کے عفریت کو قابو کرنے کی غرض سے اپنی کوششوں کو تیز کر دیا ہے۔ قدرتی گیس کی چوری اس قدرتی نعمت کے زیاں کی ایک بڑی وجہ ہے۔ ایس اینڈ ایم اور سی آر ڈی ڈپارٹمنٹس نے باقاعدہ منصوبہ بندی کے تحت سندھ اور بلوچستان کے فریجائز ایریا میں چھاپہ مار کارروائیاں شروع کر رکھی ہیں۔ یہاں قابل ذکر بات یہ ہے کہ گیس چوری میں ملوث ذمہ داران کے خلاف اب فوری ایف آئی آر بھی درج کروائی جا رہی ہے۔

ایس اینڈ ایم ڈپارٹمنٹ نے سی آر ڈی، ڈی ایس ایم، سیکورٹی سروسز اور ایف آئی اے ٹیموں کے ہمراہ دو مشہور جی ہاؤسز پر چھاپہ مارا جو غیر قانونی طور پر جعلی میٹروں کے ذریعے براہ راست گیس استعمال کرنے میں ملوث تھے۔



دی فلیم ادارتی ٹیم

- عنایت اللہ اسماعیل
- محمد علی گوہر
- محمد رضوان انصاری

کوآرڈینیٹر: عزیز احمد خان

سوئی سدرن گیس کمپنی لمیٹڈ

کارپوریت کمیونیکیشن ڈپارٹمنٹ، ساقی منزل، SSGC ہاؤس

بلاک 14، جکشن اقبال، کراچی۔ PABX: 75300

021-9902-1771-5, 1791, 1720 & 1739

فیکس: 021-9923-1622

ای میل: flame@ssgc.com.pk

ڈیجیٹل میڈیا میں مواقع کی تلاش



پاکستان ایڈورٹائزرس سوسائٹی نے کراچی Dig-it 2.0 کانفرنس کا اہتمام کیا۔ یہ دوروزہ کانفرنس کراچی کے میریٹ ہوٹل میں 30 اور 31 اکتوبر 2013 کو منعقد ہوئی۔ Dig-it 2.0 کے موقع پر ڈنمارک، ترکی، سعودی عرب، متحدہ عرب امارات اور سنگا پور سے بین الاقوامی ماہرین کے علاوہ مقامی ماہرین نے بھی شرکت کی اور پاکستان کے مارکیٹنگ ڈیجیٹل میڈیا اور ایڈورٹائزنگ سے متعلق 2 سو سے زائد پیشہ ور افراد کے روبرو مختلف کیس اسٹڈیز، منفرد خیالات اور ریسرچ اسٹڈیز پیش کیں۔ سوئی سدرن گیس کمپنی کی سی سی ڈی ٹیم کے ایگزیکٹوز نے بھی اس کانفرنس میں شرکت کی جن میں عزیز خان (ڈپٹی مینیجر)، دلش جاوید (اسسٹنٹ مینیجر) اور نعمان سعید (اسسٹنٹ مینیجر) شامل تھے نے شرکت کی۔



پوری کانفرنس کا محور ایک ہی ایجنڈا تھا کہ دنیا کس طرح ڈیجیٹل کمیونیکیشن کی جانب آ رہی ہے اور کس طرح کسٹمرز تک عملاً رسائی حاصل کی جا رہی ہے۔ سوئی سدرن گیس کمپنی کی ٹیم نے انتہائی فعال طریقے سے اس کانفرنس میں شرکت کی اور انڈسٹری کے کئی نامور لوگوں سے تعارف حاصل کیا۔ انہوں نے ڈیجیٹل اور سوشل میڈیا کے بارے میں اپنے تجربات کا اظہار کیا اور مقررین اور دوسرے نمائندوں سے مختلف تکنیک کے مؤثر استعمال اور اس سے بہتر کسٹمر سروس اور مجموعی طور پر اسٹیک ہولڈرز کے فائدے پر بات کی۔ اس دوروزہ کانفرنس کے دوران زیر بحث آنے والے موضوعات میں لوگوں کے انداز فکر کی تبدیلی، ڈیجیٹل کمیونیکیشن کیلئے موبائل، سوشل میڈیا پر برانڈ ایڈوائس کا استعمال اور ای ریلیٹ مارکیٹنگ اور حرکت عملی شامل تھے۔ ■

حیدرآباد میڈیکل سینٹر میں عالمی یوم ذیابیطس منایا گیا



عالمی یوم ذیابیطس ہرسال 14 نومبر کو بین الاقوامی ذیابیطس فیڈریشن (آئی ڈی ایف) کی جانب سے پوری دنیا میں منایا جاتا ہے۔ آئی ڈی ایف، ورلڈ ویلڈ آرگنائزیشن کے ساتھ تعاون سے 1991 سے لے کر اب تک ہرسال ذیابیطس کا دن مناتی ہے جس کا مقصد ذیابیطس کے باعث صحت کی بڑھتی ہوئی پیچیدگیوں پر توجہ دینا، ذیابیطس اور اس کے مسائل کے بارے میں آگاہی میں اضافہ کرنا اور لوگوں کو اس کے علاج کے سلسلے میں ضروری اقدامات سے آگاہ کرنا ہے۔

حیدرآباد میڈیکل سینٹر میں 13 نومبر 2013 کو اس سال کے یوم ذیابیطس کے موضوع ”ذیابیطس“ اپنا مستقبل بچائیے، کو مد نظر رکھتے ہوئے ایک سمپوزیم منعقد کیا گیا جس کا مقصد ذیابیطس سے بچاؤ کیلئے لوگوں میں آگاہی پیدا کرنا اور انہیں ضروری معلومات فراہم کرنا تھا۔

مشہور ماہر ذیابیطس ڈاکٹر معراج نظامی نے اس موقع پر ذیابیطس سے بچاؤ، اس کے علاج اور اس سے متعلق پیچیدگیوں کے بارے میں ایک پریزنٹیشن دی۔ یہی معلومات شرکاء کو پینا فلیکس اسٹینڈرز، پوسٹرز اور

نے اپنے تجربات بیان کئے تھے اس دستاویزی فلم میں بے قابو ذیابیطس کے نتیجے میں ہونے والی پیچیدگیوں کے حوالے سے اس مرض میں مبتلا مریضوں نے بتایا کہ انہوں نے اس مرض پر کس طرح قابو پا کر اپنی زندگی کو بہتر بنایا۔

سوئی سدرن گیس کمپنی کے ملازمین نے اس پروگرام میں پر جوش انداز میں شرکت کی۔ ■

انہیں فراہم کئے گئے لٹریچر میں بھی فراہم کی گئیں تھیں۔ یہ سمپوزیم ایک نہایت مربوط سوال و جواب کے سیشن پر ختم ہوا۔

ذیابیطس کے مریضوں کے خون میں کو لیسٹرول اور ذیابیطس کی موجودگی اور موٹو فلامنٹ ٹیسٹ کیلئے مفت اسکریننگ کیپ بھی لگایا گیا تھا۔ اس موقع پر مریضوں کی بہبود کیلئے نیوروتھپی کا اہتمام بھی کیا گیا تھا۔

آخر میں ایک دستاویزی فلم بھی دکھائی گئی جس میں ذیابیطس کے مریضوں

سوئی گیس کا ناقابلِ فراموش جی آئی ایس / جی پی ایس سروے روڈ ایکسیڈنٹ

جب موت زندگی کے مدِ مقابل آگئی..... اللہ کی شانِ کریمی نے نئی زندگی عطا فرمائی

تحریر: زوار حسین، منیجر (جی آئی ایس - آئی ٹی) سوئی گیس



الیکٹرانک اور پرنٹ دستاویزات کے مطابق مضمون ہذا کے مصنف نے سوئی گیس میں جوائنٹنگ کی تاریخ 2 مئی 2005 سے تاحال گیس ٹرانسمیشن، ڈسٹری بیوٹن، ٹی ای جی، پی آر ایس، ٹی بی ایس انڈسٹریز، پائپ لائن انٹیکس پبلنگ، بی این جی کے علاوہ آئل ٹرانسمیشن سندھ بلوچستان، این ایچ اے، سندھ پولیس، جی آئی ایس ہیڈ جی پی ایس، گیس ایک ڈسٹریکشن وہیکل سروے کے مقاصد کے حصول کیلئے 64 بڑے سروے پلان کئے جس کی Traveling 5 لاکھ کلومیٹر سے تجاوز کر چکی ہے اور ہنوز سلسلہ سفر سروے جاری و ساری ہے۔ اگر اوسط مسافت کا حساب کتاب لگایا جائے تو ہر سروے 8 ہزار کلومیٹر پہنچتا ہے۔ جس گاڑی کا سڑک حادثہ پیش آیا لینڈ روور نمبر BD-0349 صرف اسی کی میٹر ٹینک 3.3 لاکھ کلومیٹر ہے۔ باقی ماندہ سفر پی بیڈ ڈی، آئی ٹی اور ایڈمن ڈیپارٹمنٹ کی نو مختلف گاڑیوں میں تکمیل پایا۔ ڈی جی پی ایس، جی پی ایس اور ایس ڈی جی پی ایس پاکستانی سروے کی تاریخ میں یہ سب سے زیادہ سروے کی ٹریولنگ ہے اور اگر عالمی سطح (انٹرنیشنل لیول) پر جانچ پڑتال کی جائے تو سب سے زیادہ نہیں تو Top Five کی فہرست میں ضرور شامل ہو سکتا ہے۔ جو یقیناً کسی اعزاز سے کم نہیں۔ یہ امر صرف سوئی گیس کے لئے ہی نہیں بلکہ پوری پاکستانی قوم کے لئے بھی قابلِ فخر ہے۔ جنوبی ایشیاء میں سوئی گیس سدرن گیس کمپنی کو جدید سائنس اور ٹیکنالوجی کے استعمال میں صارفین کی آسانیوں کی غرض سے کئی امتیازات و تحفے ملے ہیں اسی مناسبت سے جی آئی ایس پروجیکٹ کو یکے بعد دیگرے 2006 اور 2008 میں ای ایس آئی کی جانب سے انسٹیشن ایچومنٹ ایوارڈ ملے۔ یاد رہے کہ جی آئی ایس کا یہ ایوارڈ پاکستان میں پہلی دفعہ سوئی گیس کمپنی کو ملا۔ مصنف کو یہ اعزاز حاصل ہے کہ اُنکے سروے کے ہمسفر کمپنی ایم ڈی ڈی ہیر صدیقی، ڈی ایم ڈی عرفان ظفر، ایس جی ایم شعیب وارثی، جی ایم - آئی ٹی شائستہ شیخ، ڈی جی ایم - جی آئی ایس ڈاکٹر سید علی نقی، ڈی جی ایم - سی بی سلیم منگی، تمام ریجنل آفیسرز، ذیل آفیسرز اور 50 سے زائد مینیجرز اور انجینئرز رہے ہیں۔ اس کے علاوہ جی آئی (گیس ٹریڈنگ انشٹیٹیوٹ) کے باقاعدہ ٹریڈرز اور دیگر کالجز و جامعات میں جی آئی ایس اور جی پی ایس کے ٹریڈنگ سیشنز کراتے رہتے ہیں۔ (آئی ٹی ڈپارٹمنٹ) 19 نومبر 2013 سردیوں کی رات 8 بج کر 32 منٹس پر یکایک ایک ایسا ہولناک وحشت ناک سڑک حادثہ پیش آیا کہ عقل جہراں اور ہم پریشان تھے موت کی خوفناکی کو بہت نزدیک سے دیکھا اور اللہ کی رحمت کو بھی بہت قریب سے محسوس کیا کہ جیسے ہی زندگی ملی ہو.....

جھک گئی پھر دوسرے دونوں پر آنا فانا میری جانب تیز رفتاری سے رگڑتی ہوئی دھنسی گئی یوں گاڑی دو پہیوں پر رہی..... اللہ کسی دشمن کو بھی یہ منظر نہ دکھائے کہ چند منٹوں میں زندگی موت کی کشمکش سے نبرد آزما ہونا پڑے۔ کبھی ایسا ہوتا ہے کہ ایک ایک پل برسوں پر بھاری ہو جاتا ہے گویا میں ابھی تک اس حالت غیر سے پوری طرح واپس نہیں آ سکا تھا بوقت حادثہ ہم دونوں کے اوسان مکمل خطا اور رنگت پہلی پڑ چکی تھی۔ کچھ سینکڑوں بعد ڈرائیور نے ہمت کر کے مجھ سے دریافت کیا صاحب! خبر ہے نا.....؟ میں نے بھی بے خودی میں کہا ہاں..... بس..... کچھ ملکی چوٹیں آئیں ہیں..... اللہ نے بچاؤ کرادیا..... حالانکہ حادثہ کے 3 گھنٹے بعد تک میرے دل کی دھڑکنیں بحال نہیں ہو سکی تھیں اور دماغ جیسے سُن ہو گیا تھا..... اس صورتحال کی منظر کشی الفاظ میں ممکن نہیں کہ جس پر گزرتی ہے۔ ■

نہ جانے کون دُعاؤں میں یاد رکھتا ہے میں ڈوبتا ہوں سمندر اُچھال دیتا ہے قصہ کچھ اس طرح ہے کہ ضلع نواب شاہ کی تحصیل دوڑ، یونین کونسل سٹھ میل (60 میل) کچے کے سنان و ویران علاقے میں رات ساڑھے 8 بجے ہماری گاڑی لینڈ روور BD-0349، 110 کلومیٹر فی گھنٹہ کی اسپید سے ہیڈ کوارٹر کی جانب رواں تھی۔ جیسے ہی گاڑی بھوسے سے لدی ہوئی 3 گلدھا گاڑیوں کو کراس کرنے لگی بالکل سامنے سے نئی ٹو پونا کرولا کار انتہائی تیز رفتاری سے کسٹھ آ رہی تھی ہماری گاڑیوں کا تصادم ہونے کو ہی تھا کہ ڈرائیور نے آؤ دیکھا نہ تاؤ گاڑی 110 کی اسپید سے ہی اُن دیکھی سڑک سے کچے میں اُتار دی تقریباً 8 سے 10 فٹ نیچے سیم نالے کے پانی میں ڈرامائی انداز میں پہلے دو، پہیوں پر ڈرائیور کی جانب مکمل

بدعنوان عناصر کی جانب سے بڑے پیمانے پر گیس کی چوری

بھرپور مدد کرے گا۔
اکتوبر کے مہینے میں ایک اور با اعتماد ذریعے سے بڑے پیمانے پر گیس چوری کی اطلاع ملنے پر سوئی سدرن گیس کی ٹاسک فورس نے بلدیہ ٹاؤن کراچی کے سیکٹر 14/C کے علاقے داؤد و چھانی گوٹھ پر 10 اکتوبر 2013 کو چھاپہ مارا اور کپنی کو درپیش UFG کے عفریت سے نجات حاصل کرنے کے سلسلے میں جاری مہم کے تحت اس علاقے سے جہاں امن وامان کی صورتحال مخدوش رہتی ہے، تقریباً 1400 گھروں کے زیر استعمال غیر قانونی اور براہ راست گیس کنکشنز منقطع کئے۔

سوئی سدرن گیس کے نواب علی شاہ، ڈپٹی منیجر (ٹاسک فورس) سی آر ڈی، نے دو با اعتماد اطلاعات پر کووگی K-51 ایریا اور لانڈھی کے علاقے ریڑھی گوٹھ کے خاچلی محلہ میں چھاپہ مارا۔
اس آپریشن کے دوران اہلیان علاقہ جن میں بڑی تعداد میں خواتین شامل تھیں، موقع پر جمع ہو گئے اور آپریشن کے عمل میں حائل ہونے کی کوشش کی، لیکن سوئی سدرن کی انتظامیہ کے افسران نے انہیں سمجھایا کہ وہ قانونی طور پر گیس کنکشن حاصل کرنے کے لئے درخواست دیں، متعلقہ ڈپارٹمنٹ قواعد کے مطابق فوری گیس کنکشنز کے حصول میں ان کی

سوئی سدرن گیس کے کسٹمر ریلیشنز ڈپارٹمنٹ سے تعلق رکھنے والی ٹاسک فورس نے 2 دسمبر 2013 کو کراچی میں لانڈھی اور کووگی کے علاقوں میں 900 سے زائد گھروں کے گیس کے غیر قانونی کنکشنز منقطع کر دیئے۔ ان گھروں کے کلین ربر پائپوں کے ذریعے براہ راست گیس استعمال کر رہے تھے جنہیں ٹاسک فورس نے ہٹا دیا۔
اس غیر قانونی طریقے سے استعمال کی جانے والی گیس کا حجم 50,796 ملین کیوبک فیٹ تھا جس کی سالانہ مالیت تقریباً 8.1 ملین روپے بنتی ہے۔



لمحہ فکریہ

مرمرہ کی کیوں نہ ہو۔ کیا یہ اس کے اپنے ملک کی عمارت نہیں؟ کیا یہ ملک اس کا اپنا گھر نہیں؟ یہ لمحہ فکریہ ہے جس پر غور کرنے اور پھر اپنی اصلاح کرنے کی ہم سب کو اشد ضرورت ہے۔ آج ہم جن عادات کو اپنائیں گے کل وہی ہماری اولاد کیلئے مثال ہوگی۔ اللہ تعالیٰ ہم سب کو صاف رہنے کی اور صفائی کو درحقیقت نصف ایمان کے طور پر اپنانے کی توفیق عطا فرمائے۔ آمین۔

تحریر: سعید صفدر علی زیدی۔ الیکٹریکل سروسز، کے ٹی

تو پھر یہ قتل و غارتگری کیسی؟ ہم ایک مسلم معاشرے میں رہتے ہوئے ایک دوسرے کو برداشت نہیں کرتے پھر بھی نصف ایمان پانے کا دعویٰ کرتے ہیں یہ ایک چھوٹی سی مثال ہے جس کا ہم خیال نہیں رکھ سکتے پھر بھی ہم صفائی کے دعوے دار ہیں۔ اپنے گھر میں کوئی بھی شخص پان کی پیک نہیں تھوکتا چاہے اس کا گھر کچا ہو یا پکا گل ہو یا چھوڑا لیکن وہی شخص جب اپنے گھر کی چار دیواری سے باہر نکل کر کسی بھی عمارت میں جاتا ہے، موقع پاتے ہی کسی بھی کونے میں پان تھوک دیتا ہے چاہے وہ تعمیر سنگ

کسی سے بھی پوچھا جائے کہ آپ کون ہو تو بڑے فخر سے کہے گا، مسلمان اور اس سے پوچھا جائے کہ نصف ایمان کے معنی معلوم ہیں تو کہے گا معلوم ہیں۔ لیکن ایسا نہیں کہ نصف ایمان کے معنی بھی کو معلوم ہوں، کیونکہ مشاہدے میں آیا ہے کہ اکثریت کنسل کے بارے میں بھی مکمل معلومات نہیں ہوتیں اور یہ بھی معلوم نہیں ہوتا کہ کون سا غسل کب واجب ہوتا ہے۔ چلیں اس کو بھی رہنے دیں سب سے بڑی صفائی تو دل کی ہوتی ہے۔ کیا ہمارے دل ایک دوسرے کیلئے صاف ہیں اور اگر ہیں



حیدرآباد میڈیکل سینتر ۾ عالمي يوم ذیابیطس ملهائو ویو

عالمي يوم ذیابیطس هر سال 14 نومبر تي بين الاقوامي ذیابیطس فیڊریشن (آءِ ڊي ايف) پاران ملهائو ويندو آهي - آءِ ڊي ايف ، ورلڊ هيلٿ آرگنائزیشن جي تعاون سان 1991 کان وٺي اڃان تائين هر سال ذیابیطس جو ڏينهن ملهائي ٿي ، جنهن جو مقصد ذیابیطس جي ڪري صحت جي وڌندڙ پیچیدگين تي ڌيان ڏيڻ ، ذیابیطس ۽ هن جي مسئلن جي باري ۾ ڄاڻ ۾ اضافو ڪرڻ ۽ ماڻهن کي هن جي علاج جي سلسلي ۾ ضروري قدم کڻڻ جي باري ۾ آگاهه ڪرڻ آهي -

منعقد ڪيو ويو جنهن جو مقصد ذیابیطس کان بچاءَ لاءِ ماڻهن ۾ ڄاڻ پيدا ڪرڻ ۽ انهن کي ضروري معلومات فراهم ڪرڻ هو - مشهور ماهر ذیابیطس ڊاڪٽر معراج نظامي هن موقعي تي ذیابیطس کان بچاءَ ، ان جي علاج ۽ هن سان لاڳاپيل پیچیدگين جي باري ۾ هڪ پريزینٽیشن ڏني - اهي معلومات شرڪت ڪندڙن کي پینافلیکس اسٽینڊيز ، پوسٽرن ۽ انهن کي ڏنل لٽریچرم به فراهم ڪيون ويون هيون - اهو سمپوزیم هڪ نهايت مربوط سوالن جاوبن جي سیشن تي ختم ٿيو -

سڱي سدرن گیس ڪمپني جي ملازمن هن پروگرام ۾ پُرجوش انداز ۾ شرڪت ڪئي -

تعاون : حبيب احمد شيخ
سينيئر انجنيئر ، یو ايف جي

2013 تي هن سال جي يوم ذیابیطس جي موضوع ”ذیابیطس - پنهنجو مستقبل بچايو“ کي مد نظر رکندي هڪ سمپوزیم

